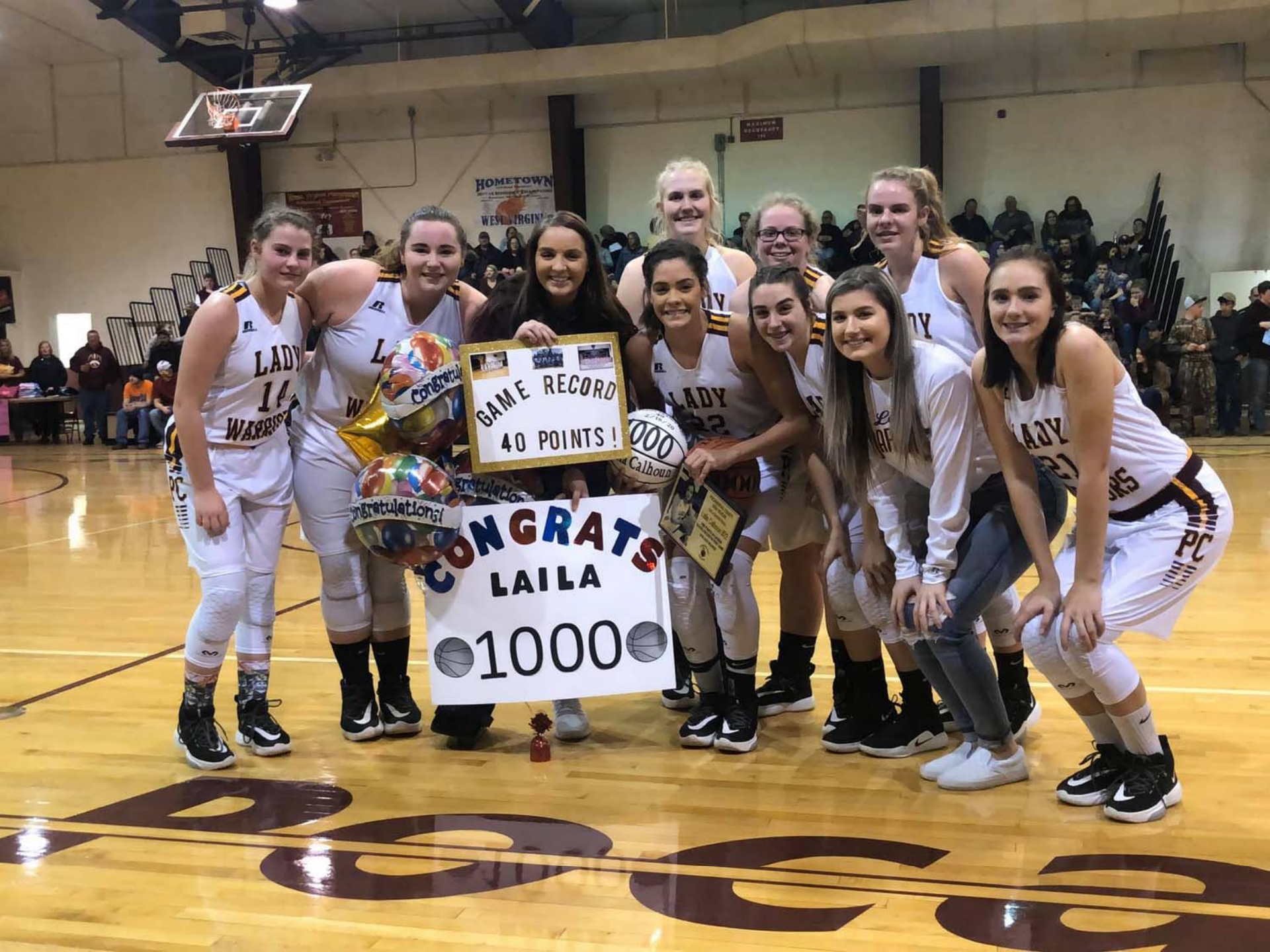
LADY
22
WARRIORS
HOMETOWN

Lady
WARRIORS
RE/MAX
POCAHO
WA

ALLEGHENY MOUNTAIN RADIO
SENIORS
Lady WARRIORS
Lady WARRIORS
PCHS WARRIORS

Lady
RRIORS


GAME RECORD
40 POINTS!
CONGRATS
LAILA
1000

HOMETOWN
WARRIORS
LADY
22
40 POINTS !
1000

Cass Train

by:

Kylee Dowson

MAXIMUM OCCUPANCY
SENIORS
Lady WARRIORS
Lady WARRIORS

FRESHMEN
Lady
WARRIORS
32

GUEST
BASKETBALL

1000
Laila Calhoun
ADY
22
GAME
40 POINTS !
1000
HOMETOWN

HOME
PERIOD
GUEST
BASKETBALL

MAXIMUM
OCCUPANCY
Lady
WARRIORS
Lady
WARRIORS

GBC Telescope
by
Jesse McCarty

GO WARRIORS
HOME
VISITOR
26:7
BONUS
PERIOD
BONUS
FOULS
PLAYER FOULS
FOULS
WON
MATCH
WON
RESTAURANT
CONVENIENCE STORE
DONATED BY
THE Ryder's
AUTO SALVAGE
WRECKER SERVICE
THANK
YOU
WARRIOR TERRITORY
PCHS
POCAHONTAS COUNTY TRACK RECORDS
LADY WARRIORS
EVENT
POCAHONTAS COUNTY TRACK RECORDS
WARRIORS
EVENT

PCHS Updates for Monday, February 19 - Saturday, February 22

Mon, Feb 17

- GBB vs. Pendleton County, JV 6:00 and Varsity 7:30 (Pink Out Game)

Tue, Feb 18

- BBB vs. Richwood, 5:45 and 7:00
- BOE Meeting 6:00 PM
- GBB @ Richwood, 6:00 (Varsity Only)

Wed, Feb 19

- Professional Learning Day - No School for Students - All County Staff meet at PCHS
- GBB vs. Tygarts Valley, 5:45 and 7:00 Senior Night (Tribe Theme - Maroon & Gold)

Thu, Feb 20

- BBB @ Pendleton County, 6:15 and 7:00
- NHS Mentoring @ Elem. Schools 11:30 AM – 3:30 PM

Fri, Feb 21

- BBB vs. James Monroe, 5:45 and 7:00 Senior Night (Tribe Theme - Maroon & Gold)
- Dress up day - Maroon/Gold

Sat, Feb 22

- VEX Robotics Competition - ENGR class - Elkins

WARRIOR TERRITORY
POCAHONTAS COUNTY
TRACK RECORDS
THANK YOU
HOOPS
THANK YOU FOR YOUR SERVICE

ORS
20
32

WARRIOR TERRITORY
GO WARRIORS
THANK YOU
POCAHONTAS COUNTY TRACK RECORDS
LADY WARRIORS
EVENT
POCAHONTAS COUNTY TRACK RECORDS
WARRIORS
EVENT
LONG JUMP
HIGH JUMP
SHOTPUT
DISCUS
POLE VAULT
100 M
200 M
800 M
1600 M
4 X 100 M
4 X 200 M
4 X 400 M
4 X 800 M
POCAHONTAS WARRIORS
HOOPS
HEROES

WARRIOR TERRITORY
GO WARRIORS
POCAHONTAS COUNTY TRACK RECORDS
LADY WARRIORS
POCAHONTAS COUNTY TRACK RECORDS
WARRIORS
THANK
POCAHONTAS WARRIORS
HOOPS
HEROES

LADY
QUAKERS

WARRIOR TERRITORY
GO WARRIORS
THANK YOU

Q96
12171B
33794B
68152
76752A
Autonomous
Field 1
2:49 PM
54566B
2506A
Field 2
2:52 PM
3273A
97669A
Field 3
VEX

FRESHMEN
WARRIORS
20 18
TRACK & FIEL
BC

MAXIMUM
OCCUPANCY
POCAHONTAS CO.
BASKETBALL

VALENTINE'S

Being important is nice,
but being NICE is more
important!!!

FRESHMEN
POCAHONTAS COUNTY BASEBALL RECORDS
POCAHONTAS COUNTY BASKETBALL 1000 POINT CLUB
POCAHONTAS COUNTY BASKETBALL RECORDS
HOME
BONUS
FOULS
WON
RESTAURANT
CONVENIENCE STORE
IT'S ALL ABOUT
EAGLES

POCAHONTAS
22
BASEBALL
20
SLAY
POCAHONTAS COUNTY
WARRIORS
POCAHONTAS
BASEBALL

POCAHONTAS CO.
BASKETBALL
IT'S ALL
ABOUT
01

ALUMNI
GAME

GO WARRIORS
WARRIOR
PCHS
THANK
YOU

Congruence and Proportionality

IN LOVING
MEMORY
OF
09
WARRIORS
PCHS FOOTBALL

PC
West Virginia Hometown
Invitational Tournament
HOMETOWN
WEST VIRGINIA

however
in addition to
furthermore
for example
in fact
because of
according to
even though

POCAHONTAS WARRIORS

HOMETOWN

Heroes

en in/on
a at/to
pero but
y and
sino except
como like, as, since
que that, than

PCHS Updates for Monday, February 24 – Friday, February 28

Monday, Feb 24

BBB @ Meadow Bridge, JV 5:45 and V 7:00

Tuesday, Feb 25

Wedneday, Feb 26

BBB @ Tygarts Valley, 5:45 and 7:00

GBB Region III Single A Sectional Tournament, 7:00

Thursday, Feb 27

Tourism Trip- Greenbrier 11:00 AM – 6:00 PM

CEFP Meeting 6:00 PM

Friday, Feb 28

GBB Region III Single A Sectional Championship, 7:00

Novice Low
Novice Mid
Novice High
Intermediate Low
18

HOLLISTER

MAXIMUM
OCCUPANCY
POCAHONTAS CO
BASKETBALL
WARRIORS

MAXIMUM
OCCUPANCY
POCAHONTAS CO
BASKETBALL
WARRIORS

Pocahontas Warriors Boys Basketball

Honor Our Hometown Heroes

Wednesday, February 12th at PCHS

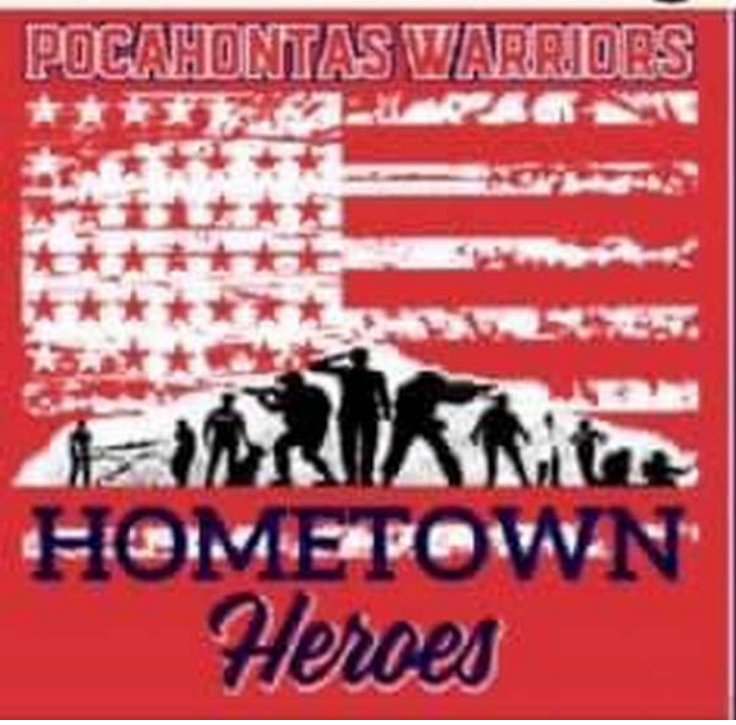
JV-5:45 Varsity-7:00

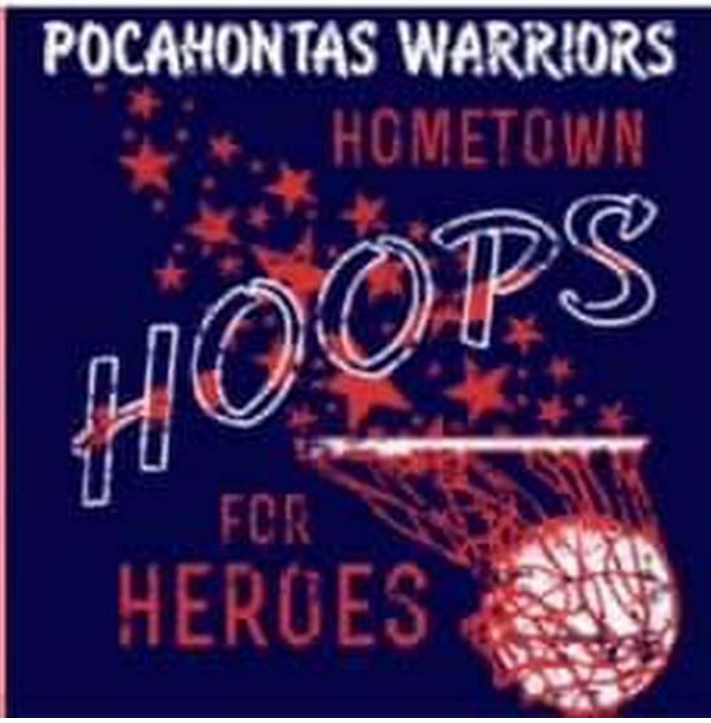
Military - Veterans - EMT - Paramedics

Fire & Rescue - Law Enforcement

Warriors will be sponsoring basket raffles and shirt sales to benefit our Hometown Heroes

Heroes get in FREE





2020 West Virginia University Forensic Science Summer Camp

What: The Next Generation Forensic Science Initiative in collaboration with the Department of Forensic and Investigative Science at West Virginia University will be hosting its annual forensic science summer camp for high school students (9th–12th grade).

The goal of this program is to bring the crime lab to the classroom. Through hands-on, experiential learning, participants will acquire the practical knowledge and skills that forensic scientists utilize in their day-to-day casework. At the conclusion of the week, participants will apply what they have learned to mock crime scenes at the Crime Scene Training Complex.

Sessions will include the following topics and activities:

- **Criminal Justice**
- **Latent Fingerprints**
- **Firearm Evidence Examination**
- **Footwear Impression Evidence**
- **Forensic Biology**
- **Forensic Chemistry**
- **Bloodstain Pattern Analysis**
- **Crime Scene Investigation**
- **Forensic Photography**
- **Mock Crime Scenes**

When: The camp will be held June 15 - 19, 2020

Where: The first 3 days of camp will be held at Oglebay Hall on the downtown campus. The last 2 days of camp will be held at the Crime Scene Training Complex on the Evansdale Campus. Morgantown, WV

Time: Camp will begin each day at 9:00 AM and conclude at 4:00 PM each day.

Cost:

Option 1: Day Camp—$399.00 per person. Includes lunch each day, a T-shirt and a certificate of attendance.

Option 2: Overnight Camp—$949.00 per person. Includes transportation to and from the airport, 6 nights supervised lodging, evening activities, meals (breakfast, lunch and dinner), a T-shirt and certificate of attendance. Check-in will be held on June 14th. **This does not include airfare or any other transportation costs other than what has been described.**

Registration: Registration will be on a first come, first serve basis. The camp will be limited to 50 students.

To register, go to https://nexgenforensics.wvu.edu/courses/science-camp. You will be directed to our payment system after completing the initial registration.

SUPPORTING THE
FIGHTERS
APPRECIATING THE
SURVIVORS
REMEMBERING THE
FALLEN
AND NEVER, EVER
GIVING UP HOPE

SENIORS
POCAHONTAS CO.
BASKETBALL
POCAHONTAS CO.
BASKETBALL
POCAHONTAS CO.
BASKETBALL
POCAHONTAS CO.
BASKETBALL
WARRIORS

Chili's
$25
The Gift of Great Taste
$25
A Gift for You
BARBER SHOP
love
LUCKY
GHIRARDELLI
MILK CHOCOLATE
Duet

GO
WARRIORS
HOME
22
BONUS
1:45
PERIOD 2
VISITOR
35
BONUS
FOULS
7
PLAYER FOULS
MATCH
FOULS
6
WON
RESTAURANT
CONVENIENCE
STORE
DONATED BY
THE Ryder's
BOYER, WV
AUTO SALVAGE
WRECKER
SERVICE
32

Pablo Walter
Aust Madrid
60

HOME OF THE WARRIORS
LADY WARRIORS
34

POCAHONTAS WARRIORS
HOMETOWN
Heroes

OHIO STATE
BUCKEYES
4
25
BOSTON
99

HERSHEY'S
KISSES
BAKE IT WITH KISSES
25¢
Kisses

HERSHEY'S
KISSES
BAKE IT WITH KISSES
Kisses

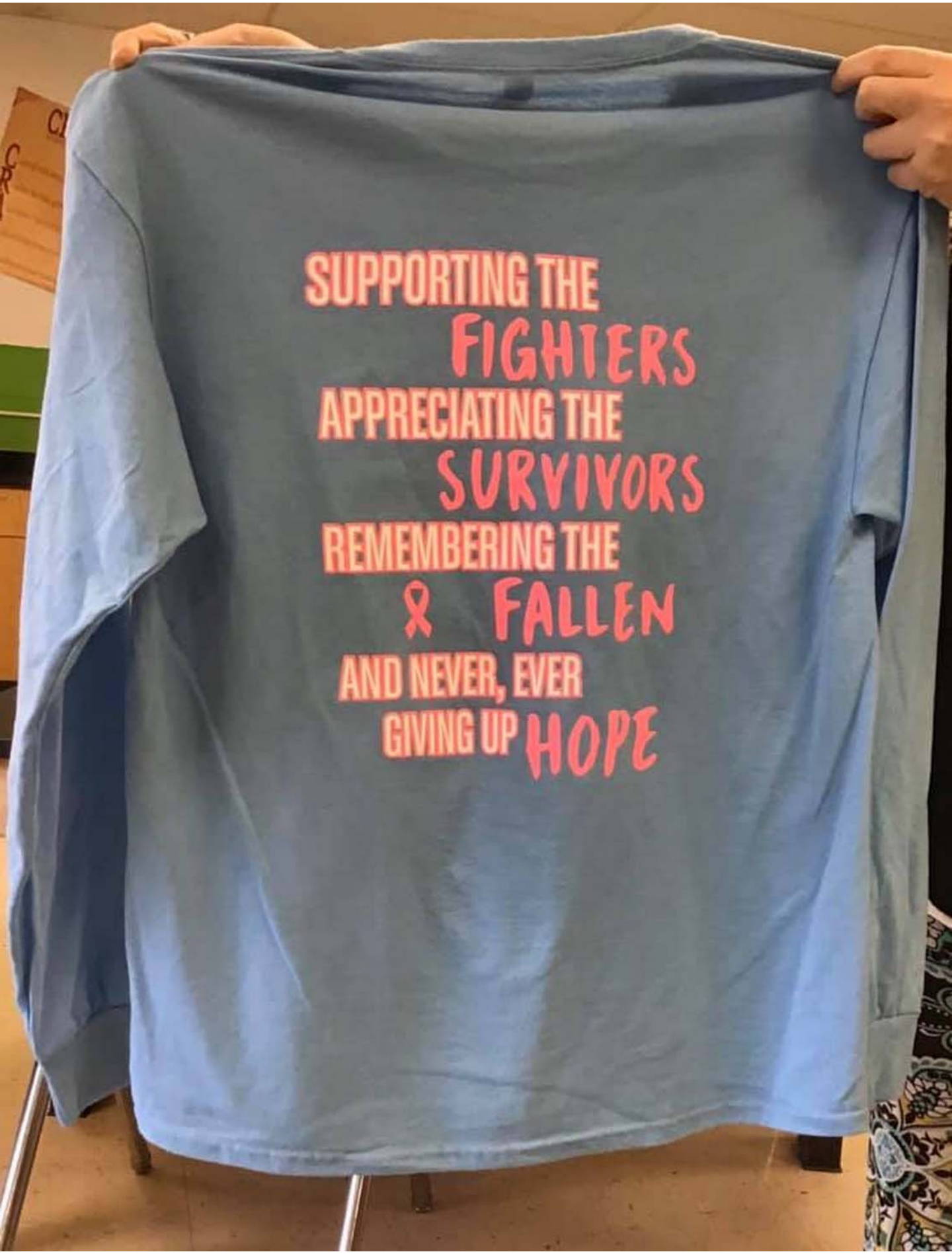
LADY
24
WARRIORS

SUBWAY
SUBWAY
FAST ROLL
CHEEZ-IT
BUFFALO WING
CHEEZ-IT
$15-$500

POCAHONTAS WARRIORS

HOMETOWN

Heroes


SUPPORTING THE
FIGHTERS
APPRECIATING THE
SURVIVORS
REMEMBERING THE
FALLEN
AND NEVER, EVER
GIVING UP HOPE

BONUS
FOULS
WON
AUTO SALVAGE
NEW & USED PARTS
WRECKER SERVICE
PCHS
POCAHONTAS COU
TRACK RECORD
WEST VIRGINIA

MOUNTAINEER
SEATTLE
SEAHAWKS
WEST VIRGINIA
WEST
VIRGINIA

Drinking Water Retested

No Nitrites were detected

Lab Results

Entry point (compliance): nitrate = 0.65 ppm, nitrite = not detected

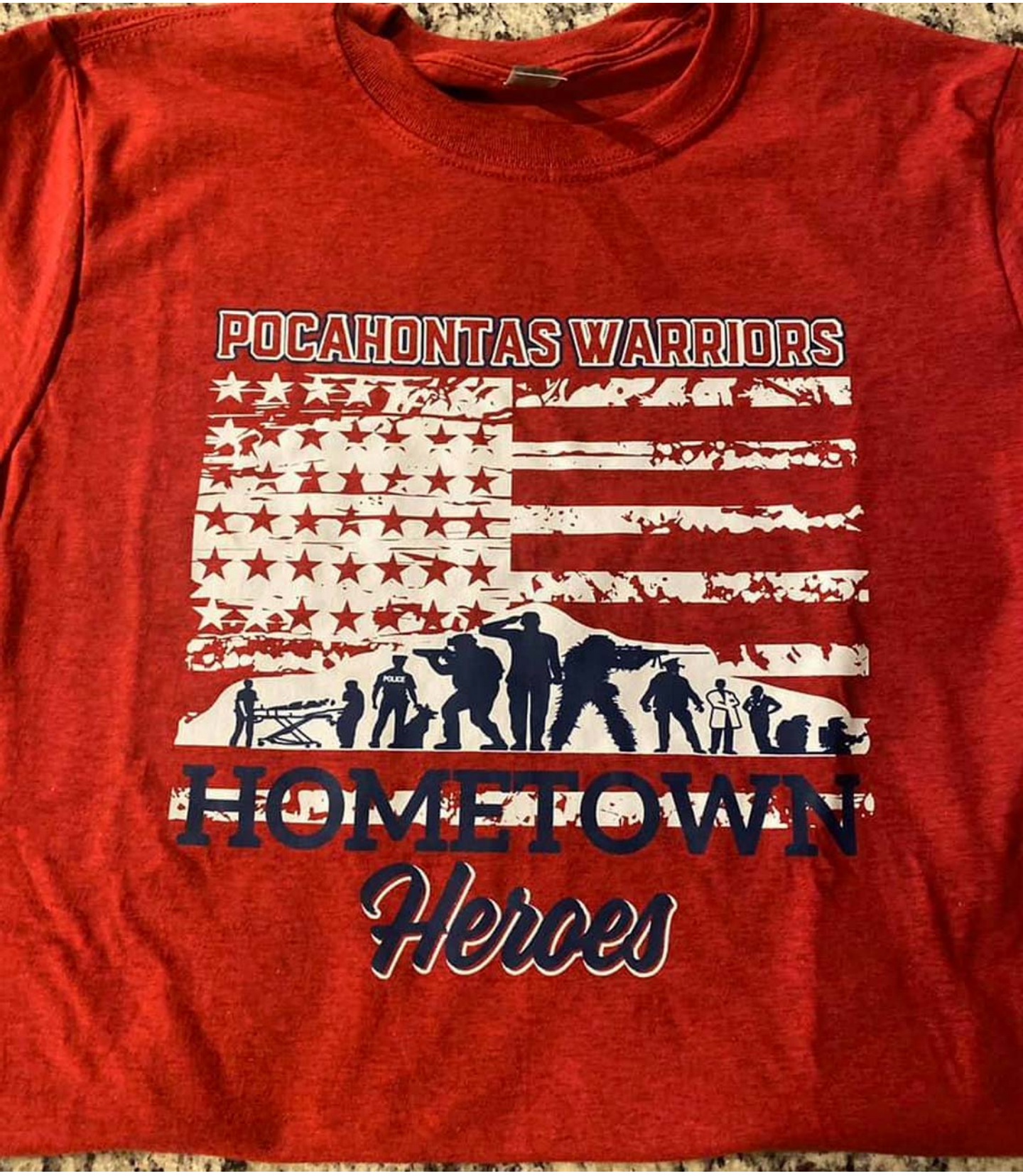
Two special purpose

Well 1: nitrate = 0.55 pm, nitrite = not detected

Well 2: nitrate = 0.57 ppm, nitrite = not detected

Nitrate legal limit is 10 ppm and nitrite is 1 ppm.

LADY WARRIORS
BASKETBALL


POCAHONTAS WARRIORS
POLICE
HOMETOWN
Heroes

BEAT

Chief
CONCORD
ROCKETS

GO WARRIORS
HOME
VISITOR
8:00
BONUS
PERIOD
BONUS
FOULS
PLAYER FOULS
FOULS
WON
MATCH
WON
RESTAURANT
DONATED BY
THE Ryder's
AUTO SALVAGE
WRECKER SERVICE
WARRIOR TERRITORY
PCHS
THANK
YOU
POCAHONTAS COUNTY TRACK RECORDS
LADY WARRIORS
EVENT
LONG JUMP
HIGH JUMP
SHOTPUT
DISCUS
HOOPS
HEROES

STOP
TENNESSEE
VOLUNTEERS
MOUNTAINEERS
WEST VIRGINIA

EXIT
PIRATES
MARSHALL

Dorothy Sayers
Lord Peter Wimsey
Murder Must Advertise
60¢

THANK
YOU
* MADE IN THE U.S.A. *
A Gift for You
TIC TAC SNOW
$25
GIFT CARD
$15-$100
GIVE THE GIFT OF FLAME-GRILLING

EXIT
WARRIOR
BAND
POCAHONTAS
34
EAGLES

GLENVILLE STATE
10
UNIVERSITY OF
CHARLESTON

FOOTBALL
POCAHONTAS COUNTY
HPCS
Warriors
PRIDE
WARRIOR

GO WARRIORS
HOME
VISITOR
8:00
BONUS
PERIOD
BONUS
FOULS
PLAYER FOULS
FOULS
WON
MATCH
WON
RESTAURANT
CONVENIENCE STORE
DONATED BY
THE Ryder's
BOYER, WV
AUTO SALVAGE
WRECKER SERVICE
WARRIOR TERRITORY
PCHS
THANK
YOU
POCAHONTAS COUNTY TRACK RECORDS
LADY WARRIORS
EVENT
LONG JUMP
HIGH JUMP
SHOTPUT
DISCUS
HOOPS FOR HEROES

FRESHMEN
WARRIORS
WARRIORS
20
18
TRACK & FIELD

Upcoming Matches
Field & Time
Blue Alliance
Red Alliance
Field 3
0:00
Driver Control
6815Z
12171B
76752A
Q96
33794B
Field 1
2:49 PM
54566B
Q97
2506A
Field 2
2:52 PM
3273A
97669A
updated live
adidas
HUSKIES
Field 3
VEX

WARRIOR
TRACK & FIELD
HPCS
Warriors
PRIDE

ALLEGHENY MOUNTAIN RADIO
SENIORS
SOPHOMORES

OUR
LITTLE
LOVE
BUGS

POCAHONTAS COUNTY SCHOOLS
February Breakfast and Lunch Menu 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 **Scrambled eggs w/Wheat toast** **Yogurt** **Fruit** Chicken Patty w/Wheat Bun Lettuce/Tomato/Onion Candied Sweet Potatoes Corn Apples w/Soy Nut Butter	4 **Breakfast Pizza** **Yogurt** **Fruit** Sausage Biscuit w/Gravy Hash Brown Peas Homemade Cookie Peaches	5 **Omelet Wrap w/Colby Cheese** **Cereal** **Fruit** Pigs in a Blanket Green Beans French Fries Coleslaw Fruit	6 **Whole Grain Toasted Bagel** **Yogurt** **Fruit** Chicken Pot Pie Broccoli Carrot Stix Fruit	7 **Pancakes** **Yogurt** **Fruit** Beef Nachos w/Tortilla Rounds Sour Cream/Salsa Romaine Salad Refried Beans Fruit
10 **Breakfast Burrito** **Cereal** **Fruit** Cheeseburger Lettuce/Tomato/Onion Sweet Potato Fries Baked Beans Corn Fruit	11 **Homemade Cinnamon Roll** **Yogurt** **Fruit** Orange Chicken Brown Rice Pilaf Stir Fry Vegetables Homemade Roll Fruit	12 **Blueberry Muffin** **Cereal** **Fruit** Tomato Soup Grill Cheese Sandwich Steamed Broccoli Peaches Apple Crisp	13 **Sausage Biscuit** **Cereal** **Fruit** Lasagna Romaine Salad w/Tomatoes Green Beans Garlic Bread Fresh Cut Fruit	14 **Strudel** **Yoguert** **Fruit** Philly Steak Hogie Sliced Carrots w/Ranch French Fries Fresh Cut Fruit
17 **Egg & Cheese Omelet Wrap** **Cereal** **Fruit** Meatball Sub Sweet Potato Fingerlinks Mixed Vegetables Ice Cream Fruit	18 **Zucchini Bread** **Cereal** **Fruit** Breaded Pork Patty w/Wheat Bun Lettuce/Tomato Great Northern Beans California Medley Fruit	19 **Professional Learning Day** **No School for Students**	20 **Pretzel w/Cheese** **Cereal** **Fruit** Chicken Tenders w/Creaser Romaine Salad w/Tomatoes/Croutons Corn Mixed Fruit Homemade Roll	21 **French Toast Sticks** **Yogurt** **Fruit** Pizza Broccoli Salad Oven French Fries Carrot Stix w/Ranch Fruit
24 **Smoothie/Yogurt Parfait** **Creal** **Fruit** Popcorn Chicken Mashed Potoes Green Beans Homemade Roll Fruit	25 **Sausage Biscuit** **Yogurt** **Fruit** Fish Sticks Scallop Potatoes Carrot Stix Roll Juice Sidekick	26 **Cereal Bar** **Yogurt** **Fruit** Beef Macaroni & Cheese Steamed Broccoli Celery & Soy Nut Butter Homemade Roll Fruit	27 **Sausage Pancake on Stick** **Yogurt** **Fruit** Chicken Nuggets Peas Corn Applesauce Homemade Roll	28 **Homemade Cinnamon Roll** **Cereal** **Fruit** Turkey & Cheese Hoagie 5 Way Vegetables Baked Beans Fruit

Pocahontas
25
WARRIORS

BONUS
FOULS
WON
AUTO SALVAGE
NEW & USED PARTS
WRECKER SERVICE
PCHS
POCAHONTAS COU
TRACK RECORD
WEST VIRGINIA

6815Z
76752A
0:15
About To Start
Field 1
54566B
2506A
2:49 PM
Field 2
3273A
97669A
2:52 PM
Field 3

WARRIORS

RAZE
MEMBER

rets
TRUE
#STOPLIQUIDLIES
RAZE
"RELAX, I USE NICOTINE-FREE E-JUICE."
"CHILL, IT'S JUST WATER VAPOR

LADY WARRIORS
BASKETBALL

ERON
#STOPLIQUIDLIES
RAZE
RELAX,
E-JUICE
NICOTINE-FREE

Anyone can fall victim to head trauma. It is not just for those that play sports, older adults may actually have a higher risk of serious complications from a concussion.

Do you know the symptoms?

The Seneca Woodlands Woman's Club invites you to

the Green Bank Library, Monday, February 10, 2020, at 6:00 pm to learn about concussions and their symptoms.

Janet Ghigo presents facts about what concussions are and what to do next if you suspect you or a loved one may have head trauma. Janet has over twenty years of experience with the BFD Fire and Rescue ambulance services and twenty years with the West Virginia Public Service Training as an EMT instructor.

For more information about the Seneca Woodlands Women's Club and this program, please contact Madge Vosteen at mhvosteen@gmail.com or call 304.456.5459.

SOPHOMORES
EXIT
PCHS

Check your
SnatchChat
Alex
Fyock
A recipe has no S
you as the cook
bring SOUl to th
recipe.
67
WORLDWIDE

IMPORTANT DATES

1 November 2019
Application Open*

28 February 2020
Application Due*

22 June 2020
Start of NYSCamp

15 July 2020
End of NYSCamp

CONTACT

NYSF
PO Box 3387
Charleston, WV 25333

office@nysf.com

+1 304 205 9724

@NYSCenter

@WVNYSCamp

www.nyscamp.org

*FL, CA, and MA do not use online application, see apply.nyscamp.org for application process in these states

OVERVIEW

Established 1963 in West Virginia, the National Youth Science Camp (NYSCamp) is a free residential honors program for two accomplished high school graduates from each state in the USA, plus Washington, DC, Argentina, Bolivia, Brazil, Chile, Costa Rica, Ecuador, Mexico, and Trinidad and Tobago. NYSCamp's curriculum includes a broad range of science, technology, engineering, and mathematics (STEM) topics that incorporates both creative and performing arts as well as an outdoor adventure series with opportunities for mountain biking, spelunking, kayaking, and overnight backpacking. The delegation also travels to Washington, DC where they can meet congressional members, tour museums, and attend a panel discussion held at the American Association for the Advancement of Science. More information can be found at nyscamp.org.

HIGHLIGHTS

- Daily lectures and seminars with leading scientists
- Directed studies alongside visiting and resident STEM professionals
- Dedicated natural sciences, physical science, computer science, creative arts, performing arts, and outdoor recreation program areas
- Delegates attend ***free of charge*** - housing, meals, and transportation included!

ELIGIBILITY

- Graduates from high school between 1 July 2019 and 30 June 2020
- Documented superior academic proficiency
- Recognition for notable achievements in STEM program areas
- Skills and achievements outside of STEM and/or academics
- Intent to pursue higher education and a career in STEM
- Availability to participate in entire NYSCamp program
- Submit an application at apply.nyscamp.org on/before deadline
- International applicants please see apply.nyscamp.org for more requirements

MORE INFORMATION AT APPLY.NYSCAMP.ORG

12
IRGINI
Dallas Cowboys

Pocahontas Warriors Boys Basketball

Honor Our Hometown Heroes

Wednesday, February 12th at PCHS

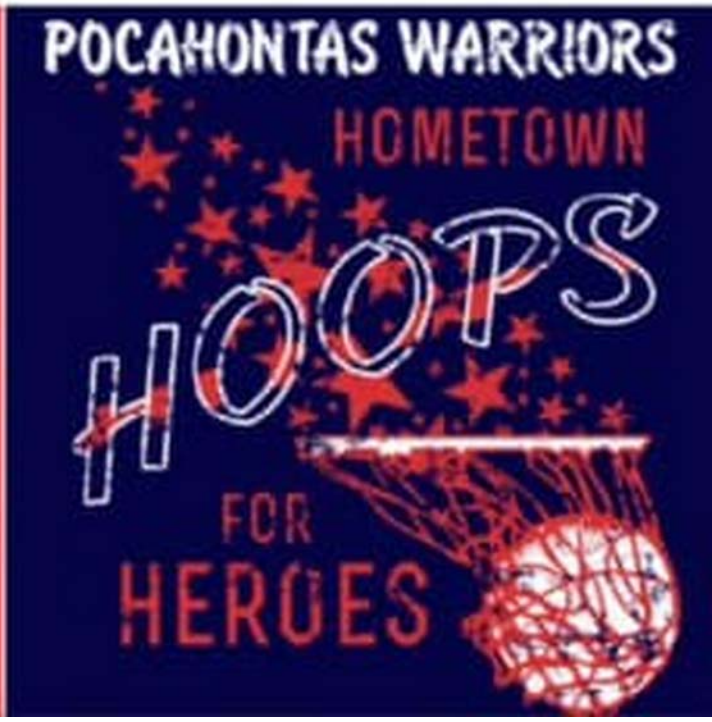
JV-5:45 Varsity-7:00

Military - Veterans - EMT - Paramedics

Fire & Rescue - Law Enforcement

Warriors will be sponsoring basket raffles and shirt sales to benefit our Hometown Heroes

Heroes get in FREE



LET'S
GO
MOUNTAINEERS
STEELERS
FOOTBALL
9

LADY WARRIORS
BASKETBALL

Being important is nice, but being NICE is more important!!!
THE HERD
6

SUPPORTING THE
FIGHTERS
APPRECIATING THE
SURVIVORS
REMEMBERING THE
FALLEN
AND NEVER, EVER
GIVING UP HOPE

SIMULATED WORKPLACE
PCHS
TRIBE OF ONE
WARRIOR PRIDE

GO

COUNTRY
ROADS

WEST VIRGINIA
WEST VIRGINIA
MOUNTAINEERS
5
WESLEYAN
WOMEN'S
BASKETBALL

IMPORTANT INFORMATION ABOUT YOUR DRINKING WATER
MONITORING REQUIREMENTS NOT MET FOR
POCAHONTAS COUNTY HIGH SCHOOL, WV9938035
Has Levels of NITRITE Above Drinking Water Standards

DO NOT GIVE THE WATER TO INFANTS UNDER 6 MONTHS OLD OR USE IT TO MAKE INFANT FORMULA

DRINKING WATER WARNING

Infants below the age of six months who drink water containing Nitrite in excess of the MCL could become seriously ill and, if untreated, may die. Symptoms include shortness of breath and blue baby syndrome.

What should I do?

- **DO NOT GIVE THE WATER TO INFANTS.** ***Infants below the age of six months who drink water containing nitrite in excess of the MCL could become seriously ill and, if untreated, may die. Symptoms include shortness of breath and blue baby syndrome.*** Blue baby syndrome is indicated by blueness of the skin. Symptoms in infants can develop rapidly, with health deteriorating over a period of days. If symptoms occur, seek medical attention immediately.
- Water, juice, and formula for children under six months of age should not be prepared with tap water. Bottled water or other water low in nitrites should be used for infants until further notice.
- **DO NOT BOIL THE WATER.** Boiling, freezing, filtering, or letting water stand does not reduce the nitrite level. Excessive boiling can make the nitrites more concentrated, because nitrites remain behind when the water evaporates.

Adults and children older than six months can drink the tap water (nitrite is a concern for infants because they can't process nitrites in the same way adults can). However, if you are pregnant or have specific health concerns, you may wish to consult your doctor.

What happened? What is being done? (Describe corrective action)

In 2004, Nitrite was sampled with results of 0.14 mcl. In 2019, Nitrite was sampled with results of 1.9 mcl. The legal limit is 1.0. We are unsure at this time what has caused the change. However, we are exploring if one or both wells are contaminated. We are resampling and will keep the public informed with any updates.

For more information, please contact Joseph W. Riley (Contact name) at 304-799-6565 (Phone number)

Or 271 Warrior Way Dunmore, WV 24934 (Mailing address)

Please share this information with all the other people who drink this water, especially those who may not have received this notice directly (for example, people in apartments, nursing homes, schools and businesses). You can do this by posting this notice in a public place or distributing copies by hand or mail.

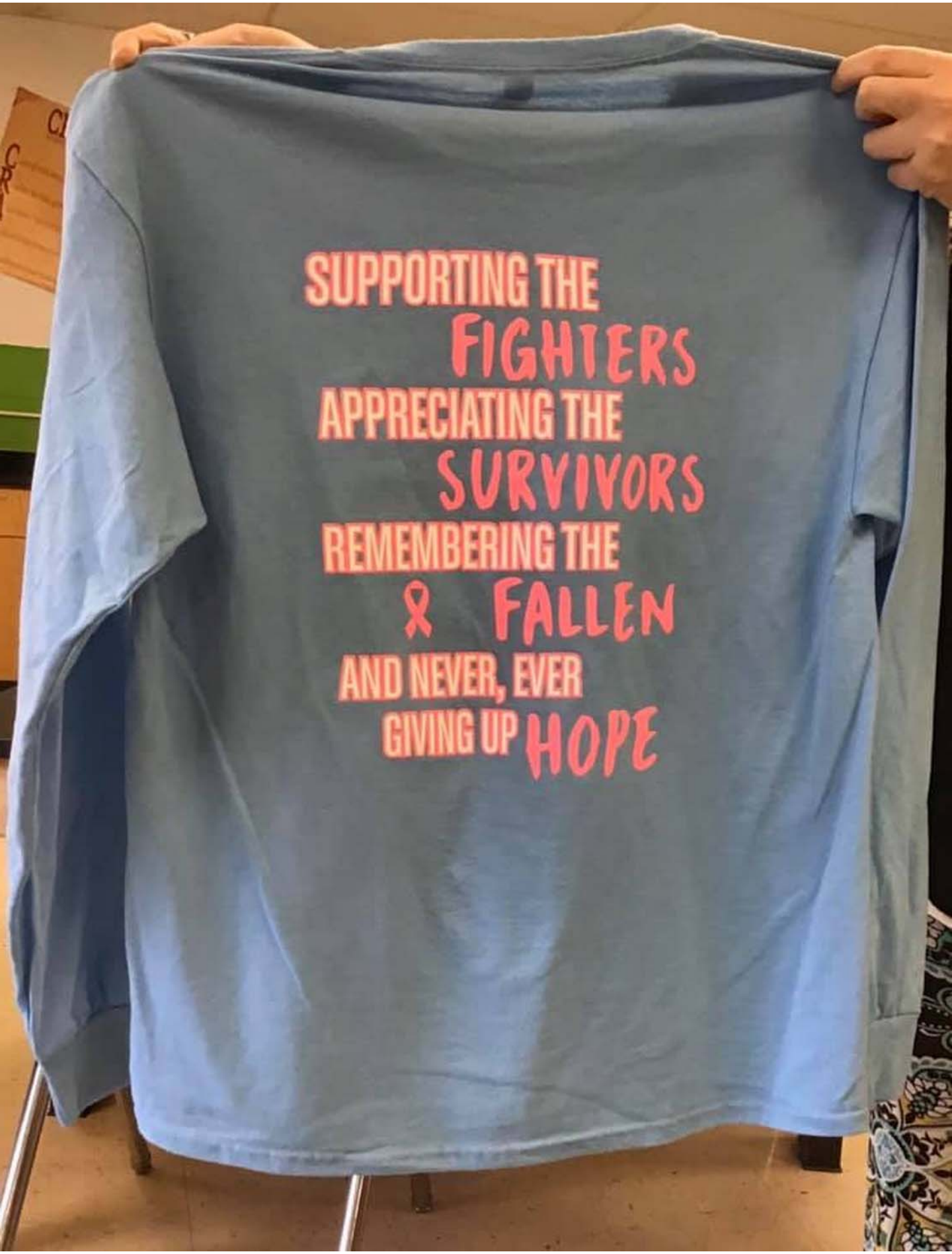
This notice is being sent to you by: **POCAHONTAS COUNTY HIGH SCHOOL**

State Water System ID #: WV9938035 Date Distributed: 1-29-2020

8
teeler

LADY WARRIORS
BASKETBALL

LADY WARRIORS
BASKETBALL


SUPPORTING THE
FIGHTERS
APPRECIATING THE
SURVIVORS
REMEMBERING THE
FALLEN
AND NEVER, EVER
GIVING UP HOPE

Allen Taylor GBEMS	60-14	Morning Run: Start at Green Bank Elementary/Middle School (GBEMS), travel 92/28 south to Dunmore and turn right on Rt. 28, pick up students along Rt. 28 and travel to PCHS turning onto Warrior Way. Travel Warrior Way and Hill Country Road to Frost and meet Jerry Ramon at the intersection of 92 and Hill Country Road. Transfer students, travel north on Rt. 92/28 through Frost and Dunmore, turning at Hoovener Road and exiting back onto 92/28 at Curry Road, turning right and continuing on to GBEMS. Afternoon Run: Reverse of Morning Run	6:35 AM	Morning Run: Leave GBEMS to Frost meet Marlinton bus and transfer students, return to Route 92 North to Dunmore Country Mart. Students on Hill Country Road through the Mt. Zion community will meet their buses at PCHS. May pick up students that other buses cannot. Afternoon Run: Reverse of Morning Run	2 Hour Delay – 8:35 AM 3 Hour Delay - 9:35 AM
Scott Kelley GBEMS/PCHS	55-11	Morning Run: Leave PCHS travel to Wesley Chapel Road (Dunmore Entrance) Travel Wesley Chapel Road to Gulford's Run Road. Turn and go back out to Wesley Chapel. Through North Fork. Then to GBEMS from GBEMS to PCHS. Afternoon Run: Reverse of Morning Run	6:40 AM	Morning Run: Will only travel Wesley Chapel to North Fork and out to the Green Bank Fire House. Then to GBEMS. Pick up high school students at GBEMS and proceed to PCHS. May pick up students that other buses cannot. Afternoon Run: Reverse of Morning Run	2 Hour Delay – 8:40 AM 3 Hour Delay - 9:40 AM
Stephen Mack PCHS	51-10	Morning Run: Beginning at PCHS and traveling to Seebert for the first pick up, then coming back out Seebert Lane to Hillsboro Elementary School and from Hillsboro Elementary School traveling Route 219 to Old Buckeye Road, back to 219 N. to Rt. 39 to MES transferring students then traveling back to Rt 39 to Route 28 and ending at Pocahontas County High School. Afternoon Run: Reverse of Morning Run except for Seebert Lane. Gary Rose runs Seebert Lane in the evenings.	6:45 AM	Morning Run: The bus will only travel Route 219 and will meet students at the intersections of the mentioned roads/lanes or at Hillsboro Elementary School. May pick up students that other buses cannot. Afternoon Run: Reverse of Morning Run	2 Hour Delay – 8:45 AM 3 Hour Delay - 9:45 AM
Evan Rose PCHS	5-17	Morning Run: Pocahontas County High School to the Route 92/39 intersection at Minnehaha Springs and traveling Route 92 N to Rt. 84 and pick up students. Meet Allen Taylor at the intersection of Hill Country Road and Rte 92 turning onto to Hill Country Road/Warrior Way through to Route 28 by Pocahontas County High School and on to Route 39 below Huntersville to Marlinton Elementary School and back to Pocahontas County High School. Afternoon Run: Reverse of Morning Run	6:45 AM	Morning Run: The bus will only travel Route 92, Hill Country Road, and Route 28. If Hill Country is impassable, then the bus will travel to Dunmore, turn left on Route 28 and travel to Pocahontas County High School, then proceed back to Route 28 onto to Marlinton Elementary School and back to Pocahontas County High School. May pick up students that other buses cannot. Afternoon Run: Reverse of Morning Run	2 Hour Delay – 8:45 AM 3 Hour Delay - 9:45 AM
Dan Ahern MMS	11	Morning Run: Beginning at Pocahontas County High School, turn right onto Route 28 towards Dunmore, turn left onto Route 92, turn left onto Route 66 at Cass intersection to Big Springs of Elk turn left onto Route 66, turn bus at the Ralph Beckwith residence return to Route 66, turn left onto Route 219, travel to Marlinton Elementary School, then onto Pocahontas County High School. Afternoon Run: Reverse of Morning Run	6:35 AM	Morning Run: Same as regular route with drop off and pick up at PutMar store. Afternoon Run: Reverse of Morning Run	2 Hour Delay – 8:35 AM 3 Hour Delay - 9:35 AM
Chuck McQuain PCHS	8-19	Morning Run: PCHS to Wildcat Run Road to 92, turn the bus, travel 92 North to Rt. 39 turning left and traveling to Douthat Creek Road. Proceed through Douthat Creek, turning the bus, returning to Rt. 39, turning left, and traveling to the Route 39 Chevron. Transfer students to Rick McCarty's bus. Return to Rt. 39 and travel to Minnehaha Springs turning right onto Rt. 92 and traveling North to Hill Country Road picking up high school students on Hill Country/Warrior Way on to PCHS. Afternoon Run: Reverse of Morning Run Transfer at Fisher's in the afternoon	6:45 AM	Morning Run: PCHS to Wildcat Run Road on 92 South. Return to Huntersville and transfer to Rick McCarty bus at Rt. 39 Chevron. Turn and return on 39 to intersection at Minnehaha Springs and travel north on 92 to Hill Country Road. May pick up students that other buses cannot. Afternoon Run: Reverse of Morning Run	2 Hour Delay – 8:45 AM 3 Hour Delay - 9:45 AM
Larry Sharp PCHS	6-18	Morning Run: Leave PCHS and travel to Laurel Run Road. Travel through Slippery Hill Old Edray Road to Woodrow Mtn. Road to Campbelltown Road. To 219 to MES then PCHS. Afternoon Run: Reverse of Morning Run	6:45 AM	Morning Run: Meet students at the Edray Kwik Stop Parking lot. Travel 219 S. Meet students at the Rite Aid parking lot. Travel to MES and PCHS. May pick up students that other buses cannot. Afternoon Run: Reverse of Morning Run	2 Hour Delay – 9:20 AM 3 Hour Delay – 10:20 AM
Mike Golford – MMS	52-10	Morning Run: Beginning at Marlinton Middle School, travel to Route 219 N turning right on Old Campbelltown Road then travel to top of Airport Hill turning left onto Brownsburg Road to the end of Brownsburg and turn right onto Edray Road. Go to intersection of Edray and Brush Country Road and turn right onto Brush Country Road. Follow Brush Country back to 219 South to Route 39 to 4th Avenue to 9th Street at Marlinton Elementary School to 5th Avenue to Route 39 West to Route 219 South to Marlinton Middle School. Afternoon Run: Reverse of Morning Run	6:35 AM	Travel Rt. 219 picking up students along the way. Airport Road turn at Intersection of Edray Road back down Airport Road to 219. Pick up at Rite-Aid then 219 South to MES and MMS	2 Hour Delay – 8:35 AM 3 Hour Delay - 9:35 AM
Gary Rose MMS Gary Rose MMS	58-13 58-13	Morning Run: Beginning at Marlinton Middle School, take a left, travel to intersection Route 39, take a right, travel to Tabernacle Church and turn in driveway above church at mobile home, proceed to the intersection of Route 219, and take right to Hillsboro Elementary School. Leaving Hillsboro Elementary School, take right on Route 219 north to Marlinton Middle School. Leaving Marlinton Middle School turn right on to Route 219 turn left at Waugh Road intersection, proceed through to intersection of Route 219 on to Marlinton Elementary School. Leaving Marlinton Elementary School travel back to Marlinton Middle School, from Marlinton Middle School proceed to School Days Child Care, turn left and travel to intersection of Route 39 and proceed to the Tabernacle church and turn in the driveway of the mobile home and proceed back to intersection of Route 219, turn right and travel to the intersection of Seebert Road turn at the old depot lot and travel back to Pufflenburger Road, take a left out to Road, turn left and proceed to Hill Road intersection, turn and travel back to the intersection of Route 219 and turn left, proceed to Hillsboro Elementary School, turn right and return to Marlinton Middle School. Afternoon Run: Reverse of Morning Run	6:45 AM	Morning Run: Begin at Marlinton Middle School, take a left and travel to the intersection of Route 39, take a right and turn the bus at Allegheny Aggregates. Proceed to 219 South to Hillsboro Elementary School turn right on 219 North and proceed to Marlinton Middle School, leaving Marlinton Middle School, turn right and proceed on 219 North to Marlinton Elementary School. From Marlinton Elementary School proceed to 219 South and travel to Hillsboro Elementary School and return to Marlinton Middle School. May pick up students that other buses cannot. Afternoon Run: Reverse of Morning Run	2 Hour Delay – 8:45 AM 3 Hour Delay - 9:45 AM
Rick McCarty MMS	51-10	Morning Run: Travel Watoga Road to Burr Valley, return to Beaver Creek. Meet bus at Huntersville Chevron transfer students proceed to MES AND MMS. Afternoon Run: Reverse of Morning Run	6:55 AM	Morning Run: Start at First Entrance of Watoga State Park traveling regular route to MES and MMS. May pick up students that other buses cannot. Afternoon Run: Reverse of Morning Run	2 Hour Delay – 8:55 AM 3 Hour Delay - 9:55 AM
Ryan Alderman MMS	56-12	Morning Run: Start at MMS and go to Woodrow East Branch Road, to Woodrow Road, to Jerico Road, to 219 to MES and then to MMS. Afternoon Run: Reverse of Morning Run	6:45 AM	Morning Run: Top of Woodrow to Edray 219 South to MES to MMS. May pick up students that other buses cannot. Afternoon Run: Reverse of Morning Run	2 Hour Delay – 8:45 AM 3 Hour Delay - 9:45 AM

2020 Pocahontas County Alumni Game

Saturday, March 28, 2020

2:00 PM

- Concessions
- T-shirts
- Auction
- 50/50 Raffle
- Pork BBQ Dinner
- Bake Sale

Admission Cost

Adults: $4.00
Students: $3.00
Alumni Players & Cheerleaders:
$20.00 (includes t-shirt)

To register, go to https://tinyurl.com/scmjk27

Questions? Contact Chloe Bland at 304-799-6564

Gary Cutlip HES Gary Cutlip HES ***Parents of middle and high school students can opt to meet the bus at HES to avoid the 6:10 AM pick up on Locust Creek.**	59-14 59-14	Morning Runs: Beginning at Hillsboro Elementary School turn left on Route 219 South turn left on East Nicholas Road, travel to Denmar Road and turn left on Denmar Road. Begin picking up students at Workman Road, may travel to Locust Creek Road, turn right on *Locust Creek Road, travel to 219 turn left on 219 South, travel to Beartown Road, turn left on Beartown Road, travel to turnaround, return to 219 south, turn right on 219 North, travel to Healing Springs Road, turn right on Healing Springs Road, travel to turnaround, return to 219 North, turn right travel to Hillsboro Elementary School. 2nd AM Run: Repeat of first run beginning to pick up students at East Nicholas Road. Afternoon Run: Reverse of Morning Run	6:08 AM	Morning Run: Follow 219 South to Beartown Road, turn left on Beartown Road travel to turnaround, return to 219, and follow Route 219 North to Hillsboro School. Students on the Beartown, Healing Springs, Denmar Road, and Locust Creek Roads will meet the bus on Route 219. The bus will not travel those particular roads when a Snow Route has been deemed necessary by the Direction of Transportation and/or Superintendent. Afternoon Run: Reverse of Morning Run	2 Hour Delay – 8:08AM 3 Hour Delay – 9:08 AM
Donald McNeel HES	2-16	Morning runs: From Hillsboro School, go south on Rt 219 to the top of Droop Mountain & turn around on Lobelia Road. Then to Russell Scott Road and Lobelia Road on Caeser Mountain. Children are to board the bus at designated stops on Lobelia Road through its entire length to Hillsboro. The bus continues on Denmar Road ..... 1st AM run: .....to Workman Road, turns around and back to Hillsboro School via Kinnison and Payne Streets. The bus then unloads all students to a bus enroute for MMS & PCHS. 2nd AM run: .....to turn right on Kinnison Street and to Payne Street to the Hillsboro School unloading at the school cafeteria and to the designated parking area. Afternoon Run: Reverse of the morning run with preference given to full time riders.	6:35 AM 8:00 AM	Morning - Both high /middle school and elementary runs start on Lobelia Road on the south end of Ceasar Mountain & pick up students at their stops on Lobelia Road into Hillsboro. Times follow the standard 2 hr or 3 hr delay schedule whichever is announced. Afternoon - reverse of the morning run May pick up students that other buses cannot.	2 Hour Delay – 8:35 AM 3 Hour Delay – 9:35 AM

Pocahontas County Schools Transportation Department

Regular Routes & Snow Routes (2019-20)

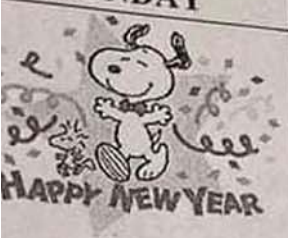
Snow Routes will only occur on 2 Hour or 3 Hour Delays or in special circumstances

Bus Driver & Work Station	Bus #	Regular Route	Time of First Stop	Snow Route	Approximate Time of First Stop
Jimmie Ryder GBEMS	20-13	Morning Run: Leave Murphy's Body Shop to Lower Murphy Road to Back Road to Durbin. Travel to top of Cheat, Come back around Old 250 to Durbin, Up around Highland Ave and on to Green Bank School. Afternoon Run: Reverse of Morning Run	6:40 AM	Morning Run: Leave Murphy's Lower Rd. To Durbin, around Durbin then on to GBEMS. May pick up students that other buses cannot. Afternoon Run: Reverse of Morning Run	2 Hour Delay – 8:40 AM 3 Hour Delay - 9:40 AM
Mike Murphy GBEMS	50-10	Morning Run: Leave Murphy's Body Shop traveling north on Rt. 92. Go out Johns Run Road, turn at the end of John's Run Road turn left onto Rt. 92S travel to Pine Tree Acres turn return to Rt. 92S. Return to 92S to GBEMS. Afternoon Run: Reverse of Morning Run	6:30 AM	Morning Run: Leave Murphy's Body Shop stop at the end of Johns Run Road and on to GBEMS. May pick up students that other buses cannot. Afternoon Run: Reverse of Morning Run	2 Hour Delay – 8:30 AM 3 Hour Delay - 9:30 AM
Cory Rexrode GBEMS	39	Morning Run: Start at Green Bank to Cass, From Cass on through upper Back Mountain Road. Then to Rt. 92/250 at West end of Durbin. From Durbin thru Frank to Bartow to GBEMS. Afternoon Run: Reverse of Morning Run	6:40 AM	Morning Run: From GBEMS to Bartow, Frank & Durbin on Rt. 92. From west end of Durbin to Frank, Bartow on Rt. 92/250 from Bartow back to GBEMS on Rt. 92. May pick up students that other buses cannot. Afternoon Run: Reverse of Morning Run	2 Hour Delay – 8:40 AM 3 Hour Delay - 9:40 AM
Silas Sattler - GBEMS	10	Morning Run: Beginning at the Pendleton County line on Route 250/28, then south to Thornwood – run may require driver to then travel on Route 250, 6 miles to the Mallow residence – then to Bartow, back to Arbovale (Old Arbovale Road) and on to Green Bank Elementary-Middle School. Afternoon Run: Reverse of Morning Run	6:55 AM	Morning Run: From Bartow, travel south on 92/250, stop at Hermitage and pick up students from Rt. 28 and Thornwood. Resume normal route and may pick up students that other buses cannot.. Afternoon Run: Reverse of Morning Run	2 Hour Delay – 8:40 AM 3 Hour Delay - 9:40 AM
Adam Taylor PCHS/GBEMS	1-16	Morning Run: Beginning at Pocahontas County High School, follow Warrior Way to Rt. 28 turning right and travel to Laurel Run Road. Enter Laurel Run and travel to Cloverlick, Road to Cloverlick, following River Road and turning at end of River Road, coming back out and turning right in to Stoney Bottom at top of Cold Run Road and travel into Gum Road to Whittaker Campground then to Rick Gum's turning the bus, to Cass Firehouse – turn bus, come out of Cass , traveling on to Green Bank Elementary-Middle School. Pick up high school students at GBEMS, return to 92/28 turning right and proceed to PCHS via 92/28 to 28 picking up high school students as necessary on 92/28 and Rt. 28. Afternoon Run: Reverse of Morning Run	6:35 AM	Morning Run: Students will meet the bus at the Cass Fire Hall. This includes students from the lower part of Back Mountain Road on Steve Mick's Run. The bus will travel out of Cass and stay on North 92 stopping if students need picked up. May pick up students that other buses cannot. Afternoon Run: Reverse of Morning Run	2 Hour Delay – 8:45 AM 3 Hour Delay - 9:35 AM

Instructions for Snow Routes

1. **If a Snow Route is in effect, the announcement will be broadcast on all the major new and radio outlets currently used by Pocahontas County Schools.**
2. **The Snow Route announcement will be broadcast on School Messenger to all of the Staff and Students of Pocahontas County Schools.**
3. ***Snow Routes will only occur on 2 or 3 hour delays or in special circumstances.***
4. **The Snow Route that runs in the morning will also run in the evening. NO REGULAR ROUTES (Morning or Evening) WILL BE RUN ON A SNOW ROUTE DAY!**
5. **Students may ride a different bus rather than their normal bus.**
6. ***If a student cannot get to school because a bus was not available, the parent must write an excuse that the bus was not running. The excuse is necessary for an excused absence. Obvious abuses of this situation will be handled by the Attendance Director.***
7. **Parents may transport their children to school but will have to either pick them up at the end of school day or call the bus driver and make arrangements for the child to dropped off at a Snow Route stop. NO REGULAR ROUTES (Morning or evening) WILL BE RUN ON A SNOW ROUTE DAY!**
8. **There is no way to practice Snow Routes. Our first attempt of the new school year may not be a refined as we want it to be. The efficiency will get better as we run them more often.**
9. **The ultimate decision as to whether a child rides the bus and attend school lies solely with the parent. If the parent deems it too dangerous for their child to go, then the child will be absent. But it is the sole responsibility of the parent to present an excuse as to the reason for their child's absence.**

POCAHONTAS COUNTY SCHOOLS
January Breakfast and Lunch Menu 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 New Year's Day No School	2 **Whole Grain Toasted Bagel w/Cream Cheese** **Cereal** **Fruit** Hot Dog w/Whole Grain Bun Green Beans Oven Fries Coleslaw Fruit	**French Toast Stix** **Cereal** **Fruit** Beef Nachos w/Tortilla Rounds Sour Cream/Salsa Black Beans Romaine Salad w/Tomatoes Homemade Cookie Fruit
6 **Colby Cheese Omelet** **Cereal** **Fruit** Cheeseburger Lettuce/Tomato/Onion Sweet Potato Fries Bake Beans Corn Applesauce Cups	7 **Homemade Cinnamon Roll** **Yogurt** **Fruit** Orange Chicken Brown Rice Pilaf Stir-fry Vegetables Homemade Roll Fruit	8 **Blueberry Muffins** **Cereal** **Fruit** Potato Soup Grilled Cheese Sandwich Steamed Broccoli Peaches Ice Cream	9 **Sausage & Egg Biscuit** **Cereal** **Fruit** Lasagna Romaine Salad w/Tomatoes Green Beans Garlic Bread Fruit	10 **Strudal** **Yogurt** **Fruit** Phillysteak Hoagie Sliced Carrots w/Ranch Oven French Fries Fruit
13 **Egg & Cheese Wrap** **Cereal** **Fruit** Meatball Sub ½ Baked Sweet Potato Parmesan Broccoli Brownie Fruit	14 **Banana Bread** **Cereal** **Fruit** Chicken Patty w/Wheat Bun Lettuce/Tomato Tatar Tots Great Northern Beans California Medley Fruit	15 **Pop tart** **Cereal** **Fruit** Salisbury Steak Green Beans Mashed Potatoes w/Gravy Homemade Roll Fruit	16 **Sausage & Gravy Biscuit** **Cereal** **Fruit** Chicken Tenders w/Caesar Romaine Tomatoes & Croutons Corn Mixed Fruit Roll	17 **Pancakes** **Yogurt** **Fruit** Pizza Broccoli Salad Oven French Fries Carrot Stix w/Ranch Fresh Cut Fruit
20 Martin Luther King Jr's Birthday No School	21 **Cereal Bar** **Yogurt** **Fruit** Turkey & Cheese Hoagie 5 Way Vegetables Baked Beans Homemade Cookies Fruit	22 **Sausage Pancake on Stick** **Yogurt** **Fruit** Chicken Alfredo w/A Twist Steamed Broccoli Garlic Bread Pears	23 **Egg & Cheese Biscuit** **Cereal** **Fruit** Fish Sandwich Scallop Potatoes Carrot Stix Peas Fruit	24 **Smoothie/Yogurt Parfait** **Cereal** **Fruit** Popcorn Chicken Mashed Potatoes Green Beans Homemade Roll Fruit
27 **Breakfast Burrito** **Cereal** **Fruit** Chicken Nuggets Corn Cherry Tomatoes & Cucumbers w/Ranch Dressing Homemade Roll Fruit	28 **Pretzel w/Cheese** **Cereal** **Fruit** Chili Whole Baked Potato w/Sour Cream/Cheese Parmesan Broccoli Cornbread Crackers Fruit	29 **Whole Grain Banana Muffin** **Cereal** **Fruit** Chicken Chimichanga Black Bean Salsa/Sour Cream Sweet Potato Fries Mixed Vegetables Fruit	30 **Homemade Chinnamon Roll** **Cereal** **Fruit** Sloppy Joe Creamy Coleslaw Green Beans Oven French Fries Juice Sidekick	31 **Sausage Biscuit** **Yogurt** **Fruit** Pepperoni Roll Macaroni Salad Carrot Stix Romaine Salad Fruit

For breakfast milk and yogurt offered daily.
For lunch milk and fresh fruit offered daily.

PCHS
POCAHONTAS COUNTY
SLAY

HIDTA
HOLIDAY CHEER

OH
STRAIGHT
OUTTA

THE
STRUGGL
IS REAL
JINGLE BELLS
WHAT
EVER

FA LA
LA
LA LA

LA
LA
LA
MERRY
THE
NAUGHTY
DEA
SAN
JEFI
Naugh
HERE ON

Sheyla Walther
Kristy Madiron
09'
NAUGHTY

PCHS
POCAHONTAS COUNTY
SLAY

Bah! Hum Bug!
to Elf on a Shelf!
ELVES ON
A DOOR
WISHES YOU
MERRY
CHRISTMAS
AND
MORE!

129

ADMINISTRATION
Rockin' Around
The Chemistree

Happy Holidays
Happy Hunting

Merry
Christmas

STOP
BEACH PATROL
VIRGINIA BEACH, V

WARRIORS
SANTA!

MS. CURRAN'S WORK-SHOP

STOP

101
104
free!
2014
2006
Michael Sloan
2005

INSTEAD OF
GIFTS
I'M GIVING
Everyone
MY OPINION
FOOTBALL
LEAD
OMG

WEST
20

LAS CIENCIAS

YOUR
ELF
I'M ONLY A
MORNING
PERSON
ON DEC. 25TH

Baby
it's
hot
in
welding
class!

THE COLOSSEUM
BEST
ONE THOUSAN

CHRISTMAS AN
Merry Christm
GIBSON'S
WORKSHOP
'Tis the Season

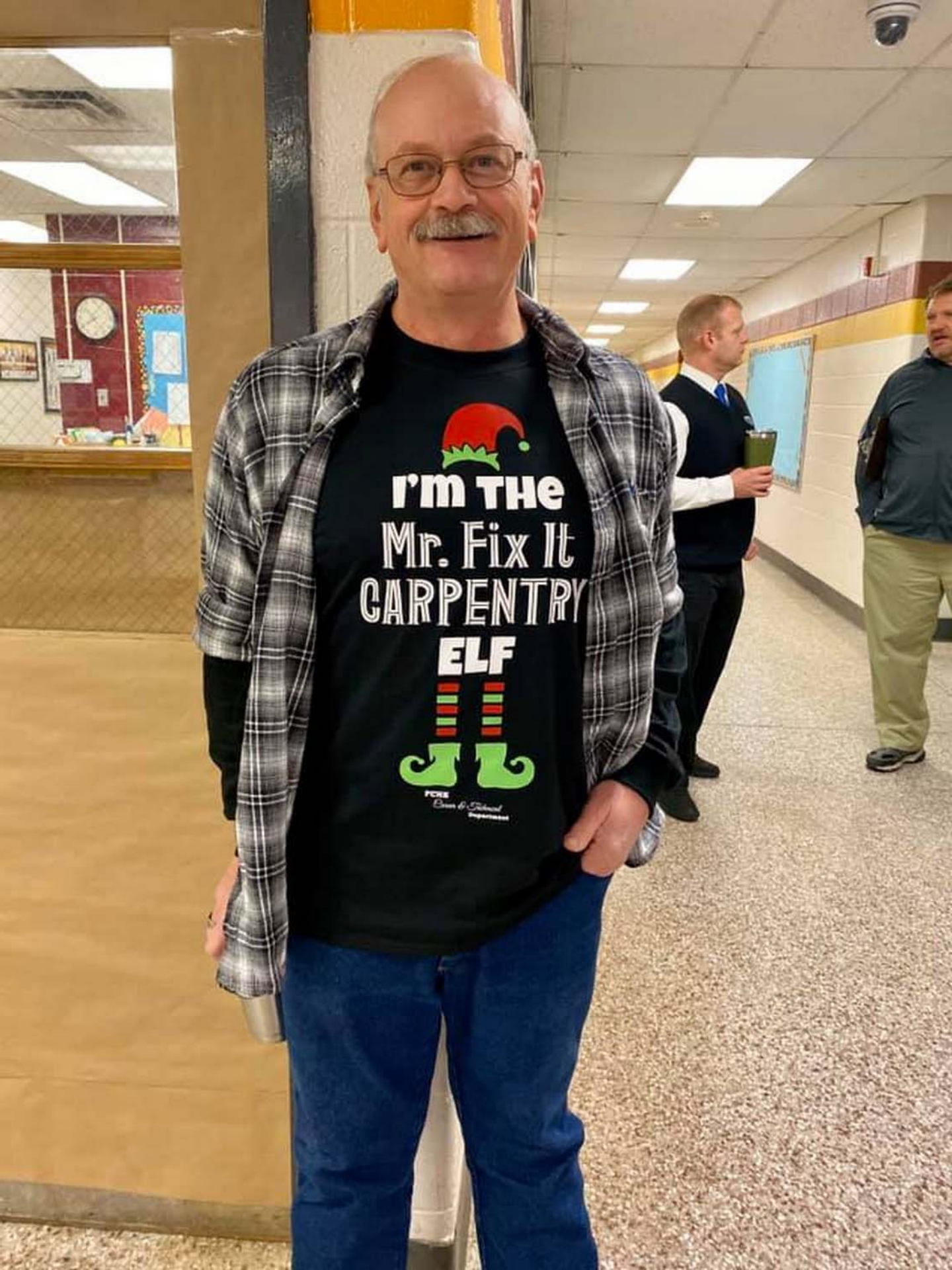
Mr. Rittenhouse's
homeroom says
"Merry Christmas" with
huge 'GRIN'ches on their
faces!

USMC
WHATEVER
GRINCH

dear
SANTA
DEFINE
nice

129

Pocahontas FFA
Fresh Fruit For Sale
On Sale Now!


I'm THE
Mr. Fix It
CARPENTRY
ELF

FOOTBALL
CABELA'S
SINCE 1961

FROSTY'S
BABY PICTURE

EXIT
Believe
HAPPY
HOLIDAYS
BURR, SIR

BAAA

HAPPY
HAMILDAYS
BURR, SIR
I'M
DOWN
WITH
SANTA

Fresh Fruit For Sale
On Sale Now!
Merry Christmas
Merry Christmas
Merry Christmas
Merry Christmas
Merry Christmas

AMERICAN EAGLE USA

I'm the
Friendly
FORESTRY
ELF
CAT

EXIT
ADMINISTRATION
INSTEAD OF GIFTS I'M GIVING MY OPINION
OMG!

AMERICAN
EAGLE USA

POCAHONTAS COUNTY SCHOOLS
December Breakfast and Lunch Menu 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **Zucchini Bread** **Cereal** **Fruit** Pizza Applesauce Cup Peas Diced Potatoes	3 **French Toast Sticks** **Cereal** **Fruit** Chicken Sandwich Lettuce/Tomato/Onion Ketchup/Mustard/Mayo Sweet Potato Fries Mexicali Corn Fruit	4 **Bagel w/Cream Cheese** **Yogurt** **Fruit** Spaghetti w/Meatballs Garlic Bread Green Beans Mixed Fruit	5 **Sausage Gravy Biscuit** **Yogurt** **Fruit** Chicken Wrap Lettuce/Tomato/Sour Cream Romaine Salad w/Tomatoes Refried Beans Birthday Cake	6 **Pancakes** **Cereal** **Fruit** Fish Sticks Scalloped Potatoes Fresh Carrot Sticks Fruit Homemade Rolls
9 **Strudel** **Yogurt** **Fruit** Ham & Cheese Hoagie Lettuce/Tomato Baked Beans 5 Way Veggies Fruit	10 **Pretzel w/Cheese** **Cereal** **Fruit** Chicken Pot Pie w/Mixed Vegetables Mashed Potatoes Mixed Fruit Sliced Cucumbers	11 **Homemade Cinnamon Roll** **Yogurt** **Fruit** Fish Sandwich Lettuce/Tomato Tartar Sauce/Ketchup Sweet Potato Fries Broccoli Salad Fruit	12 **Egg & Cheese Biscuit** **Cereal** **Fruit** Vegetable Beef Soup Grill Cheese Sandwich Green Beans Sherbet Fruit	13 **Breakfast Burrito** **Yogurtl** **Fruit** Chicken Tenders Macaroni & Cheese California Blend Fruit
16 **Breakfast Pizza** **Yogurt** **Fruit** Sloppy Joe Oven Fries Carrot Stix Fruit	17 **Sausage Biscuit** **Cereal** **Fruit** Chicken Fajita w/Green & Red Peppers/Onions Mandarian Oranges Black Beans Salsa/Sour Cream Fruit	18 **Yogurt Fruit Parfait or Strawberry Smoothie** **Cereal** Bacon & Cheese Scrambled Eggs Hash Browns Applesauce Cup Fresh Veggies Biscuit	19 **Blueberry Muffin** **Cereal** **Fruit** Christmas Dinner Baked Ham Mashed Potatoes w/Gravy Stuffing Broccoli Cheese Rice Casserole Homemade Roll Cooks' Choice Dessert	20 **Cooks' Choice**
23 Professional Learning Day No School for Students	24 Christmas Break No School	25 Christmas Day No School	26 Christmas Break No School	27 Christmas Break No School
30 Christmas Break No School	31 Christmas Break No School			

For breakfast milk and yogurt offered daily.
For lunch milk and fresh fruit offered daily.

Be a light in this world. Merry Christmas!
It's a Fa La La La Llama Christmas
Charlie Brown

HAPPY
BURR, SIR
HAPPY
ILDAYS
BURR, SIR

PCHS
WARRIORS

Warriors on the Path to Success!
Be Respectful!
Be Responsible!
Be Ready!
Berkeley Springs
Natural Spring Water
877-LEE ROYY
www.berkeleyspringswater.com
MARSHALL UNIVERSITY

CHILLIN'
WITH
MY
SNOWMIES
Ryan
Harly
Mason
Zack
Emily
Bub

Band & Choir
Christmas
Concert

BONUS
POSS
PERIOD
Fair-Play
HOME OF THE WA
DONATED BY
INTERSTATE HARDWOO
PCHS
Warriors

PCHS
SHS

SLIDING OUR WAY
THROUGH
SOPHOMORE
YEAR

Merry
Pigma
COOK IS
RISTMA
LIGHTS

KEEPIN' IT
Jolly
AF
(And Festive)

MISTER
SCROOGE
I'm the
ELF
with all the
OPTIONS
I'm THE
"BRAVE"
ELF

WEEZER

EXIT
MERRY

HO
HO
HO

92
Juniors are jingling
all the way
to
Christmas
JPC

EXIT
OMG!
DON'T STOP

DON'T BE
a
GRINCH

I'm the Nunya Business ELF
Make Christmas Great Again
Make Christmas Great Again
Merry Christmas
Merry Christmas
Merry Christmas
Merry Christmas
BE NICE TO THE SCHOOL PRINCIPAL SANTA
I'm the Mr. Fix It CARPENTRY ELF
I'm the "BRAVE" ELF

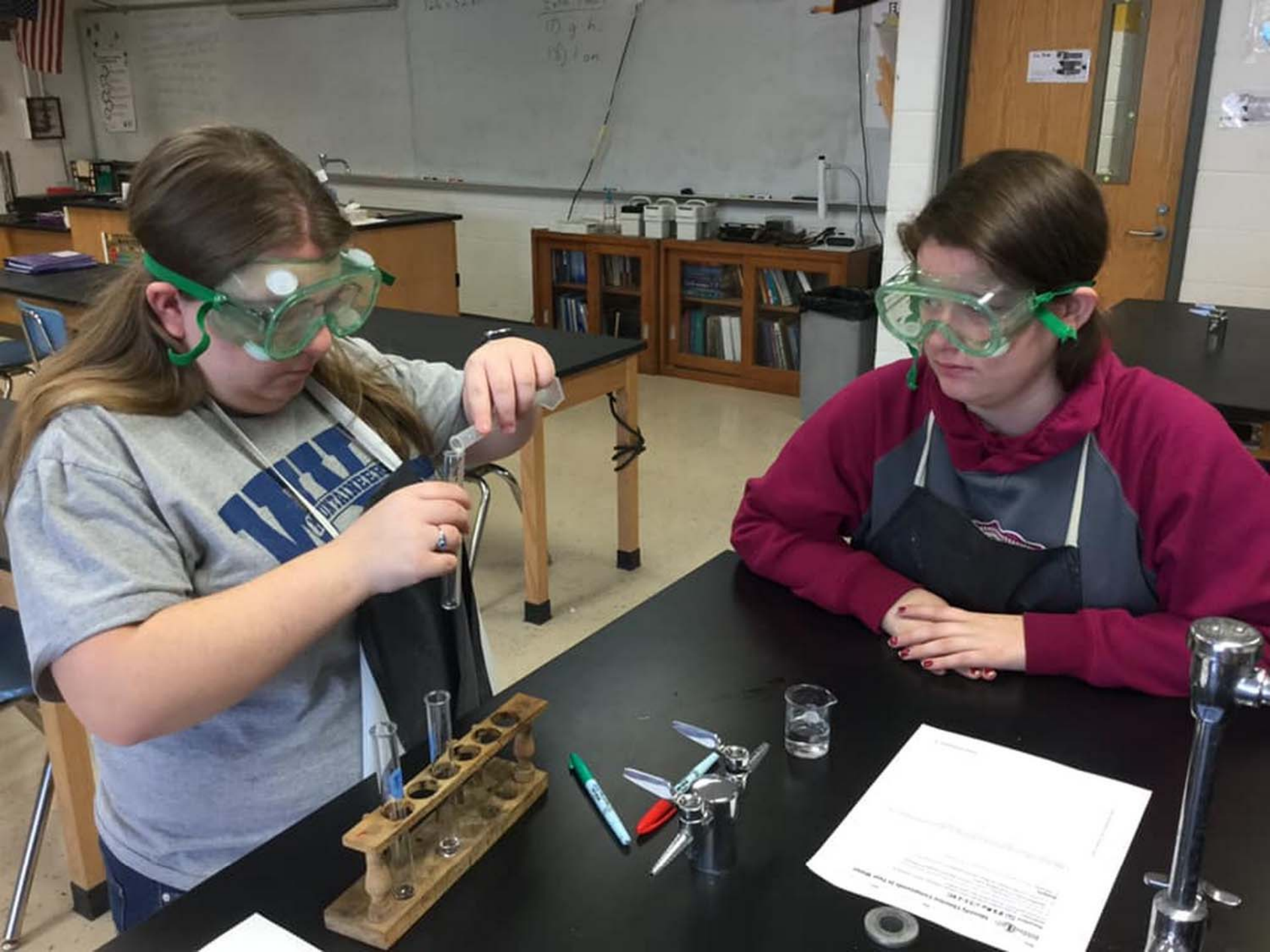
MERRY
Christ
WILDCATS
SCHS

We wish you a
'TREE'mendous
Christmas Season!
Mr. Brown
Makayla
Maxwell
Nathaniel
Logan
Brandon
Kolby
David
Summer
Samantha
Ethan
Brady
Daphne
Joy
Hope
Love
Faith

MARSHALL
THE HERD
NAUGHTY
NICE

Merry Christmas

STING



EXIT

Let's go.
Make Christmas Great Again
Make Christmas Great Again
Make Christmas Great Again

SOCCER
POCAHONTAS
BASEBALL

114
CHILLIN'
Make Christmas
Great Again
SANTA
DEFINE
nice
Merry Christmas

PCS
Warriors
PRIDE

RESTING
GRINCH

LIBRARY
LA BIBLIOTECA
MEDIA CENTER

Hunters donate deer they've harvested to one of the participating certified meat processors. There, the venison is prepared, ground, and packaged into two-pound bags. Two food banks—Mountaineer Food Bank in Gassaway and Facing Hunger Foodbank in Huntington—make sure the low in fat, protein-packed meat gets into the skillets and onto the tables of those who need it. Those helped include soup kitchens, food pantries, senior centers, and other missions.

Each fall, the Governor's One Shot Hunt also greatly contributes to the money raised and venison gathered. The all-day event includes an antlerless white-tail deer hunt, banquet, and auction. Over the last 12 years, the Governor's One Shot Hunt has donated more than $700,000 to the Mountaineer Food Bank for HHH.

The 2019 season is the first one where Pocahontas County FFA officially joined the roster of 18 HHH processors across West Virginia. Make no mistake: These butchers may be young, but they bring professionalism and pride to their work.

Lifelong lessons

With deer, Berry says, the meat processing is a tad different, since the animal has to be skinned. By participating in HHH this year, students not only refine their skills with skinning, grinding, and packaging venison but also use those talents to feed folks who need healthy, nutritious meat. "I wouldn't have been able to do this in my other school because we didn't have a meats lab that could be state inspected," Berry says. He came to Pocahontas County six years ago after teaching for more than three decades in the Ohio Valley. "Here, we had the facilities that were ready to be utilized."

Some of the high schoolers might graduate and trade country nights for city lights, but learning the technique behind meat processing ultimately makes them wiser home chefs and consumers. "You know why the chuck is not as tender as the loin. You understand why the round on beef is not as tender as the ribeye," Berry says. It's all those valuable lessons that can perhaps only be appreciated by someone who has sliced and trimmed an animal from head-to-hoof themselves.

"My greatest takeaway is learning the cuts, and then being able to help others," Moyers says. She knows her talents will help her with her family's hogs, or even at her own farm one day. Kinnison agrees, and he's also seen the benefit in the Career Development Events, or competitions, that the Pocahontas County FFA team participates in. "I've done it hands-on so it's a benefit, and other kids out there haven't had that type of experience," he says.

For his part, Berry credits his students' readiness to excel at everything from slicing and dicing meat to communicating with customers. "For 39 years, I've had good kids making me look good. They've done a great job."

And now folks in need all across West Virginia can also appreciate their tasty homework.

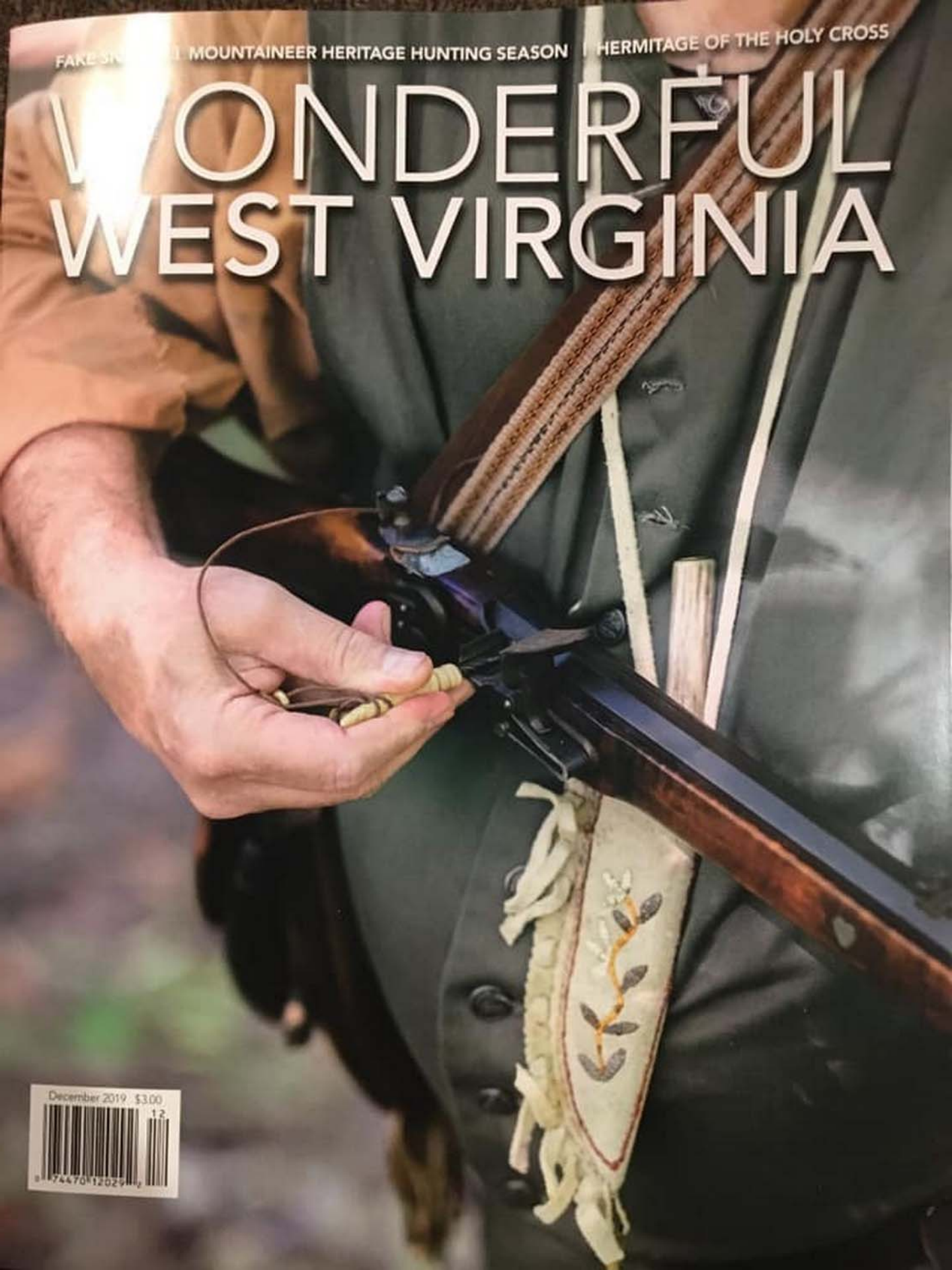
AMERICAN EAGLE
AMERICAN EAGLE
NIKE
MARINES

INSTEAD OF
GIFTS
I'M GIVING
Everyone
MY OPINION
LA
LLAMA

EXIT

FAKE SN | MOUNTAINEER HERITAGE HUNTING SEASON | HERMITAGE OF THE HOLY CROSS

WONDERFUL WEST VIRGINIA



December 2019 $3.00
12

WILDER
CHASTY

NOVEMBER 2019

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

DECEMBER 2019

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

JANUARY 2020

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

FEBRUARY 2020

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

CAMP TWIN CREEKS

1-800-451-8806

www.camptwincreeks.com

WARRIORS

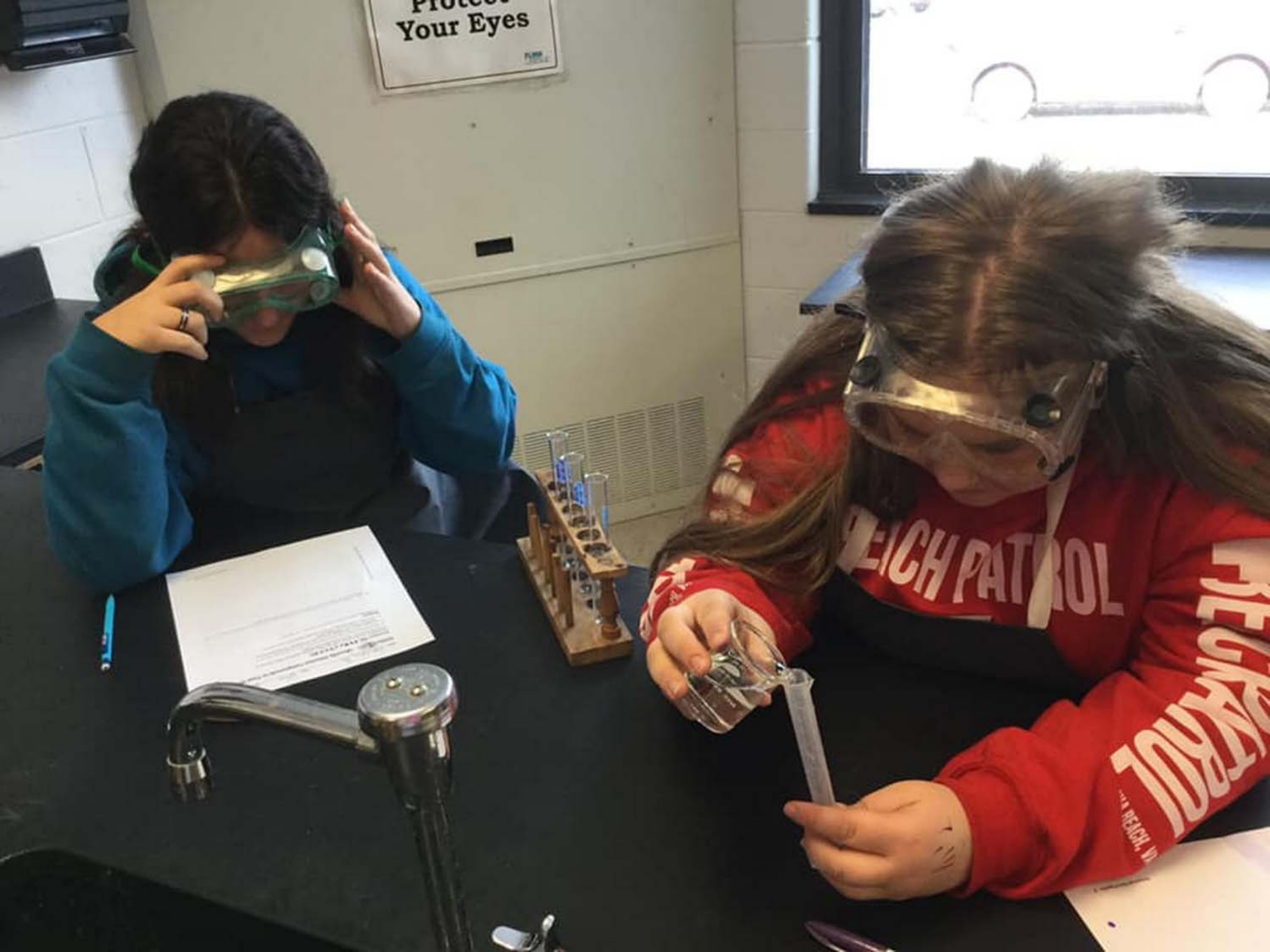
POCAHONTAS COUNTY HIGH SCHOOL WINTER SPORTS 2019-20

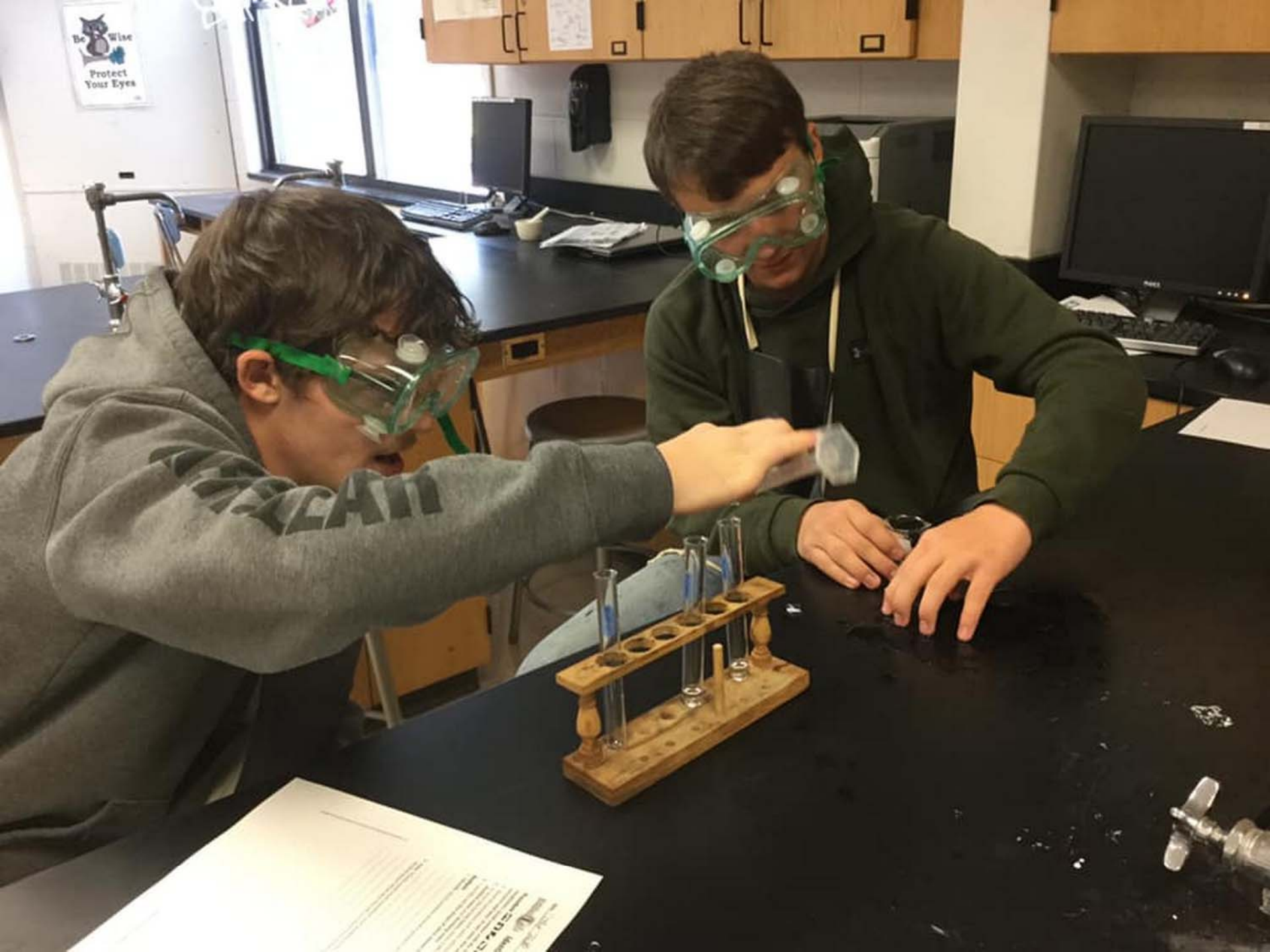
CAMP TWIN CREEKS

1-800-451-8806

www.camptwincreeks.com

7:53
I'm the
World's Best
WELDER
ELF
BE NICE TO THE
SCHOOL
PRINCIPAL
SANTA
Is Watching
NICE TO THE
SCHOOL
COUNSELOR
SANTA
Watching
I'm the
ELF
with all the
OPTIONS
BE NICE TO THE
SCHOOL
SECRETARY
SANTA
Is Watching
MISTER
SCROOGE
I'm the
Nunya
Business
ELF
I'm the
Mr. Fix It
CARPENTRY
ELF
THE
BEST WAY
TO SPREAD
CHRISTMAS
CHEER
IS TEACHING
SPANISH
To Everyone Her
JL
I'm THE
"BRAVE"
ELF


Your Eyes


Be Wise
Protect
Your Eyes

PUMA

129
FOOTBALL
SEASON'S GREET

PCHS
WARRIORS
Potomac State College
West Virginia University
Potomac State College
West Virginia University

HUNTINGTON BEACH
CALIFORNIA

NEW YORK CITY
WARRIORS
Shannon Church

In Loving
Memory

WARRIOR TERRITORY
PCHS
POCAHONTAS COUNTY TRACK RECORDS
LADY WARRIORS
EVENT
Michelle Halstine 14'9.5" LONG JUMP
C. Sinsabery/L. Simmons 4'10" HIGH JUMP
Michelle Wilbers 37'9" SHOTPUT
Bridget Carroll 105'1" DISCUS
Cheylin Woodruff 13.06 100 M
Adrienne Nottingham 26.9 200 M
Adrienne Nottingham 59.06 400 M
Tasha Combs 2:21.85 800 M
Tasha Combs 5:13.30 1600 M
3200 M
4 X 100 M
4 X 200 M
4 X 400 M
4 X 800 M
POCAHONTAS 10 COUNTY
POCAHONTAS 33
POCAHONTAS 45 COUNTY
LADY 44 WARRIORS
LADY 20 WARRIORS
LADY 55 WARRIORS
LADY 22
LADY 14 WARRIORS
LADY 21 WARRIORS

P.C.H.S. Annual ELF AUCTION

IS ACTIVELY SEEKING DONATIONS FROM OUR COMMUNITY & LOCAL BUSINESSES

Ideas for Donations

Baked Goods, Gift Certificates

Home Made/Hand Made Items

31 Bags, Scentsy, And more . . .

All Proceeds benefit PCHS students in need during the Holiday Season

Friday, December 13, 2019

Contact Mrs. Beverage (Counselor) or Mrs. Wilfong (Librarian)

for more information!!!

EXIT

Nunya'
Business
ELF
THE
BEST WAY
TO SPREAD
CHRISTMAS
CHEER
IS TEACHING
SPANISH
Everyone Here
JL
ARMY NATIONAL GUARD

School bells chime, sneakers squeak, and lockers slam shut every morning at Pocahontas County High School. Some teenagers settle into their desks, armed with textbooks and pencils for another day of solving quadratic equations and delving into world history. But others file into a more unusual type of classroom. Rather than breaking out the calculators, they're breaking down a hog carcass.

Agriculture teacher Erwin Berry watches over the industrious teens as they cut between the ribs to divide the carcass. They carefully slice away the meat and feed it through a grinder. Soon, that pork will be transformed into tasty sausages. It's just another school day with the Pocahontas County FFA. "Our motto in the FFA is 'Learning to do. Doing to learn. Earning to live. Living to serve.' That spells out the way these kids learn," Berry says. "We apply what we learn to real-life, hands-on situations."

And now those students' learning will help feed those less fortunate. Pocahontas County FFA is one of the first FFAs to participate in Hunters Helping the Hungry (HHH).

Class is in session

In Berry's classes, the beginning lesson of the school year is anatomy. At first glance, the syllabus seems extensive: cattle, hog, lamb, deer, and goat. But, Berry says, they're all mammals, so the basic structures are the same. The differences come when students learn how to execute primal cuts—the pieces that are initially separated from the carcasses—and retail cuts—which are what most of us toss in our grocery store carts or order off of a steakhouse menu. For instance, the loin would be considered a primal cut of beef. Then, from that loin, you might get a decadent T-bone, filet mignon, or Porterhouse steak.

How students learn to distinguish one cut from the next is similar to most classrooms. They study slideshows, watch videos, and spell out the steps on paper. But soon it's pencils down and hands up. Berry gathers locally sourced animal carcasses, and the students tighten their apron strings in the agricultural department's meats lab.

Last year the class took on an even bigger feat. The Pocahontas County FFA received certification through the West Virginia Department of Agriculture

LADY WARRIORS
THE NORTH FACE

Ringpop
Napkins
300

POCAHONTAS COUNTY
TRACK RECORDS
LADY WARRIORS
POCAHONTAS COUNTY
TRACK RECORDS
PCHS
LADY 44
LADY 20
LADY 55 WARRIORS
LADY 22
LADY 14 WARRIORS
LADY 21 WARRIORS
POCAHONTAS 40 COUNTY
POCAHONTAS 30
POCAHONTAS 34 COUNTY
POCAHONTAS 23 COUNTY
POCAHONTAS 33 COUNTY
POCAHONTAS 15
POCAHONTAS 5 COUNTY
POCAHONTAS 21 COUNTY
POCAHONTAS 25 COUNTY
POCAHONTAS 35 COUNTY
POCAHONTAS 32

BOYS' BASKETBALL 2019-20

DATE	OPPONENT	SITE
12/11	MOOREFIELD	HOME
12/13	MIDLAND TRAIL	HOME
12/16	GREENBRIER WEST	HOME
12/20	TUCKER CO.	AWAY
1/3	NEW RIVER CTC INV.	B-RCCC
1/7	RICHWOOD	AWAY
1/10	GREENBRIER WEST	AWAY
1/14	MEADOW BRIDGE	HOME
1/17	HARMAN	AWAY
1/22	TYGARTS VALLEY	HOME
1/24	MIDLAND TRAIL	AWAY
1/27	PENDLETON CO.	HOME
1/29	MOOREFIELD	AWAY
1/31	RIVERSIDE	HOME
2/4	ELKINS	HOME
2/6	MEADOW BRIDGE	AWAY
2/8	RIVERSIDE	AWAY
2/12	TUCKER CO.	HOME
2/18	RICHWOOD	HOME
2/20	PENDLETON CO.	AWAY
2/21	JAMES MONROE	HOME
2/26	TYGARTS VALLEY	AWAY

GIRLS' BASKETBALL 2019-20

DATE	OPPONENT	SITE
12/3	ALLEGHANY	AWAY
12/5	PENDLETON CO.	AWAY
12/10	GREENBRIER WEST	HOME
12/13	TYGARTS VALLEY	AWAY
12/18	RICHWOOD	HOME
12/19	ALLEGHANY	HOME
12/21	SUMMERS CO.	AWAY
12/27	HERBERT HOOVER	P.BURGC
12/28	P.BURG C. OR LIBERTY	P.BURGC
1/3	MIDLAND TRAIL	HOME
1/6	JAMES MONROE	AWAY
1/10	SUMMERS CO.	HOME
1/14	MIDLAND TRAIL	AWAY
1/17	TUCKER CO.	HOME
1/20	GREENBRIER WEST	AWAY
1/28	TUCKER CO.	AWAY
2/1	CHARLESTON CATH.	HOME
2/4	ELKINS	AWAY
2/7	RICHWOOD	AWAY
2/8	PENDLETON CO.	HOME
2/19	TYGARTS VALLEY	HOME

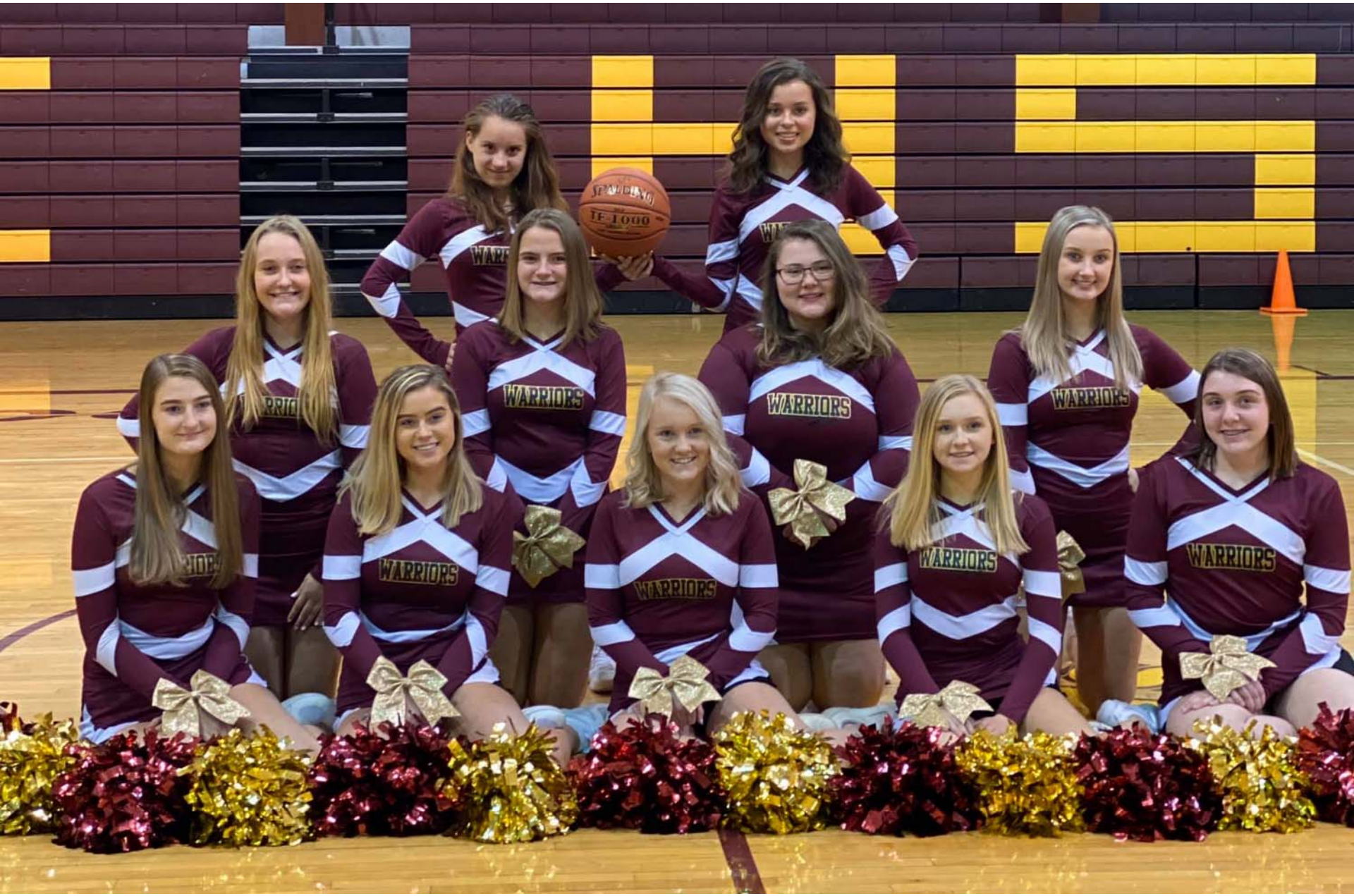
ALL SCHEDULES ARE SUBJECT TO CHANGE

FOR NANA
WARRIOR

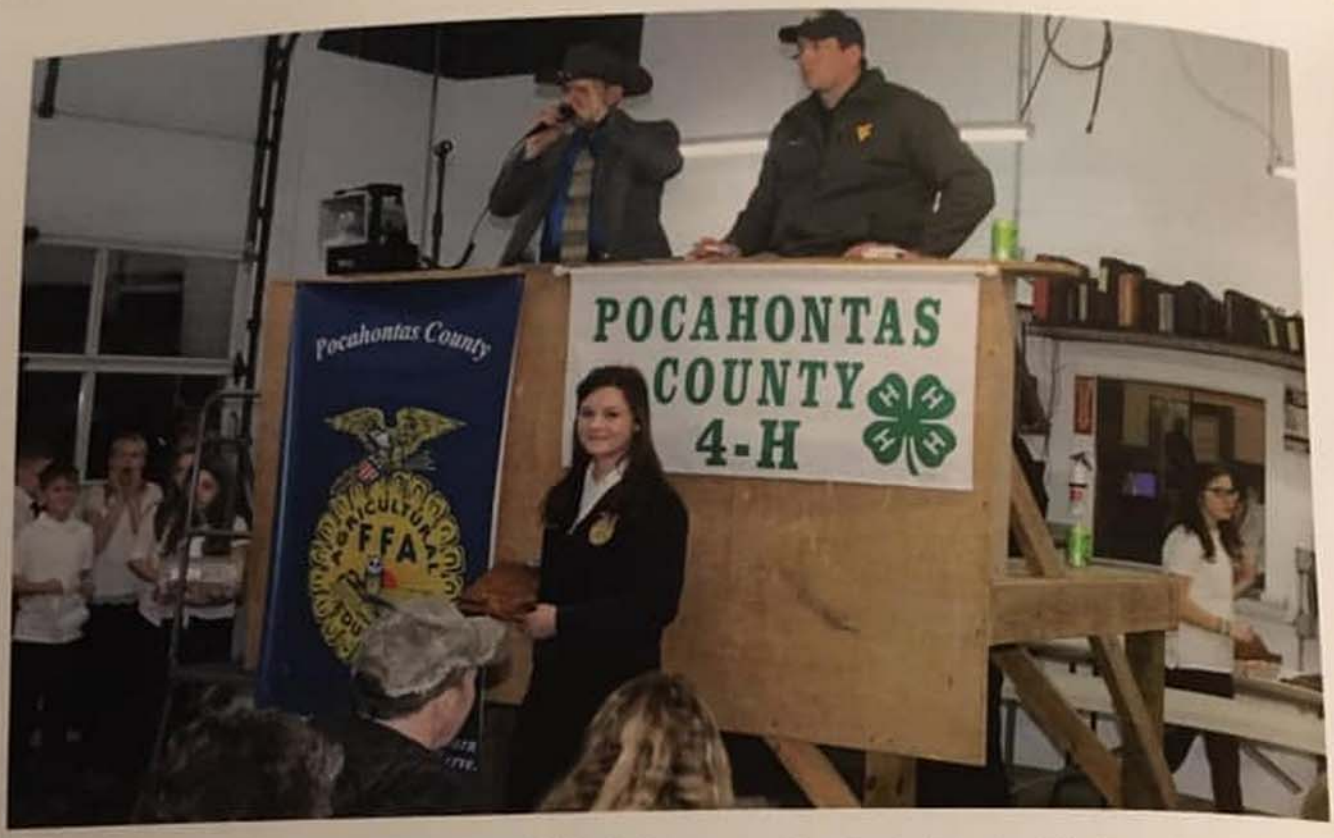
EXIT
BEACH PATROL
POCAHONTAS COUNTY
Warriors
RESTING
FACE

GO WARRIORS
HOME
VISITOR
BONUS
PERIOD
BONUS
FOULS
PLAYER FOULS
FOULS
WON
MATCH
WON
WARRIOR TERRITORY
POCAHONTAS 34
POCAHONTAS 23 COUNTY
POCAHONTAS 20
POCAHONTAS 13 COUNTY
POCAHONTAS 25 COUNTY
POCAHONTAS 2
POCAHONTAS 12
POCAHONTAS 45
POCAHONTAS 10 COUNTY
POCAHONTAS 5
POCAHONTAS 32 COUNTY
POCAHONTAS 33 COUNTY

adidas
11
HOLLISTER
HOLLISTER


WARRIORS

101
104
SOLDADURA
101



Aliza Carr exhibits a sugar-cured bacon, which was raised by Carr and trimmed and smoked in the meats lab.

to sell pork sausages to teachers and other locals. Meat inspectors review its facility just like any other professional butcher shop. "They're with us from the time we take the animal until the time the last package goes in the freezer," Berry says. But the inspectors don't work solely with Berry. They work with the students. "Our meat inspectors are really happy with the way kids address issues and their customers."

A few students also rise to leadership roles, acting as managers of groups. One such student is senior Kaitlyn Moyers. Her family owns hogs, so taking Berry's classes for three years has helped her learn the different cuts of the animals she has at home. Moyers says she enjoys the opportunity to step up and assist others, too. "I found it a valuable learning process," she says. "If I could learn it, I could help future generations of kids and teach them."

The hands-on experience students get butchering with Berry is a cut above the rest. "A picture doesn't show you everything you can see in person," Moyers says. Jacob Kinnison, a junior at the high school and FFA participant, also sees it as a professional development opportunity. "I might have this as a future career of working in a butcher shop, so I thought I'd take advantage of learning as much as I could," he says.

Even when Berry's students are not breaking down a carcass, they're running a small business. Customers get cut sheets so they can select anything from the portions they want of the animal to how thick they prefer their steaks. For those who don't know chuck from shank, the students help them decide which slice would best satisfy their cooking needs. Students also mix seasonings like Italian, breakfast, and maple into sausages to dazzle palates.

Learning by heart

Come late autumn, snowflakes gently cascade down onto the West Virginia forest and cover the carpet of dried leaves that have lain there since October. They also coat a hunter's blaze orange vest and cap. Despite the chill, the hunter doesn't move from his perch among the bare branches. The only sign of his presence is a puff of his breath clouding the crisp air.

A crack shatters the silence. He swivels slightly to his right, just in time to catch the buck in his crosshairs. A flash and bang later, the deer is ready to fill bellies in need.

Every year, Hunters Helping the Hungry gives thousands of pounds of venison to families all across West Virginia. As of the 2019 season, the West Virginia Division of Natural Resources has sponsored the program for 28 years and helped facilitate the processing of more than 26,000 deer and more than a million pounds of ground venison.

But HHH is a true labor of love among people and businesses statewide. The DNR is restricted from using revenue from hunter licensing fees to fund the program—those fees have to benefit fish and wildlife programs. So churches, conservation organizations, foundations, and individuals pitch in to make HHH a reality.

PCHS
SENIOR
WARRIORS

OUR SCHOOL
IS
SNOW
COOL!

ATTENTION: PCHS Males

On Behalf of the US Selective Service System and US Department of Education:

All males are required to register with the US Selective Service beginning 30 days prior their 18th birthday and extending 30 days thereafter. Late registration is accepted up to the 26th birthday. Failure to register prior to reaching age 26 may result in unfortunate life consequences, including:

- **Ineligibility for employment by the federal government, the U.S. Postal Service, and many state and local governments;**
- **Ineligibility to receive federal and, in some cases, state student aid;**
- **Ineligibility to receive job training under the Workforce Innovation and Opportunity Act;**
- **Ineligibility for security clearances; and**
- **Delay in citizenship proceedings.**

For more information and /or to register:
https://www.sss.gov/Registration-Info/Who-Registration

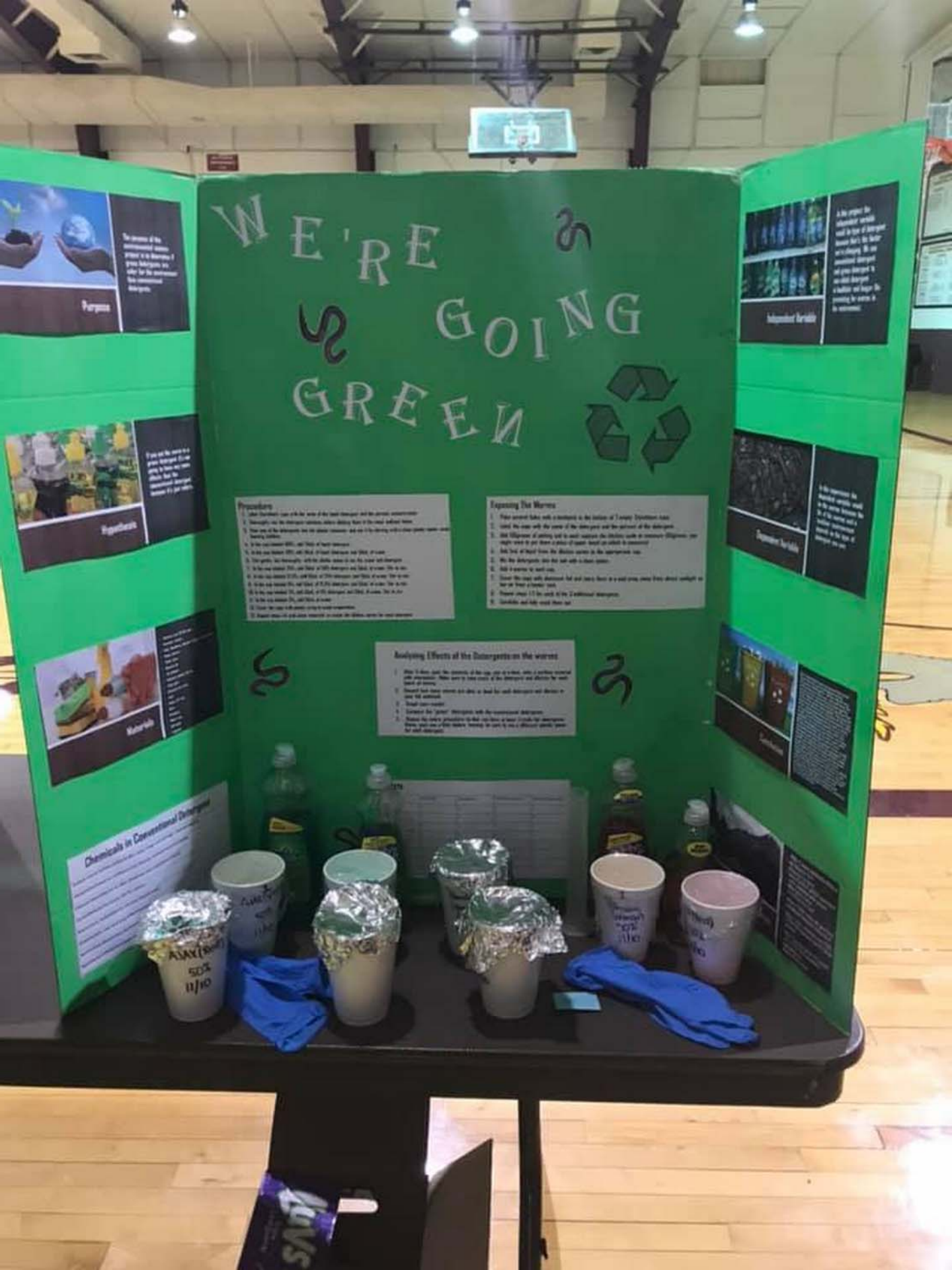
or

Stop by the School Counselor's Office

EXIT
NOT
LISTENING
ATH DEPT
OF
NYC

PCHS
HOLLISTER

6


WE'RE GOING GREEN
Purpose
Hypothesis
Materials
Chemicals in Conventional Detergent
Procedure
Expanding Our Horizons
Analyzing Effects of the Detergents on the worms
Independent Variable
Dependent Variable
Conclusion

A Cut Above

High school students sharpen their butchering knives for a good cause.

WRITTEN BY JESS WALKER

School bells chime, sneakers squeak, and lockers slam shut every morning at Pocahontas County High School. Some teenagers settle into their desks, armed with textbooks and pencils for another day of solving quadratic equations and delving into world history. But others file into a more unusual type of classroom. Rather than breaking out the calculators, they're breaking down a hog carcass.

Agriculture teacher Erwin Berry watches over the industrious teens as they cut between the ribs to divide the carcass. They carefully slice away the meat and feed it through a grinder. Soon, that pork will be transformed into tasty sausages. It's just another school day with the Pocahontas County FFA. "Our motto in the FFA is 'Learning to do. Doing to learn. Earning to live. Living to serve.' That spells out the way these kids learn," Berry says. "We apply what we learn to real-life, hands-on situations."

And now those students' learning will help feed those less fortunate. Pocahontas County FFA is one of the first FFAs to participate in Hunters Helping the Hungry (HHH).

Class is in session

In Berry's classes, the beginning lesson of the school year is anatomy. At first glance, the syllabus seems extensive: cattle, hog, lamb, deer, and goat. But, Berry says, they're all mammals, so the basic structures are the same. The differences come when students learn how to execute primal cuts—the pieces that are initially separated from the carcasses—and retail cuts—which are what most of us toss in our grocery store carts or order off of a steakhouse menu. For instance, the loin would be considered a primal cut of beef. Then, from that loin, you might get a decadent T-bone, filet mignon, or Porterhouse steak.

How students learn to distinguish one cut from the next is similar to most classrooms. They study slideshows, watch videos, and spell out the steps on paper. But soon it's pencils down and hands up. Berry gathers locally sourced animal carcasses, and the students tighten their apron strings in the agricultural department's meats lab.

Last year the class took on an even bigger feat. The Pocahontas County FFA received certification through the West Virginia Department of Agriculture

PCHS
HOLLISTER

EXIT
Chief

HOMETOWN

WARRIORS
WE STAND

Hoseo Town

WARRIOR TERRITORY
PCHS
POCAHONTAS COUNTY
TRACK RECORDS

REGIONAL MATH FIELD DAY
MATH LEGENDS

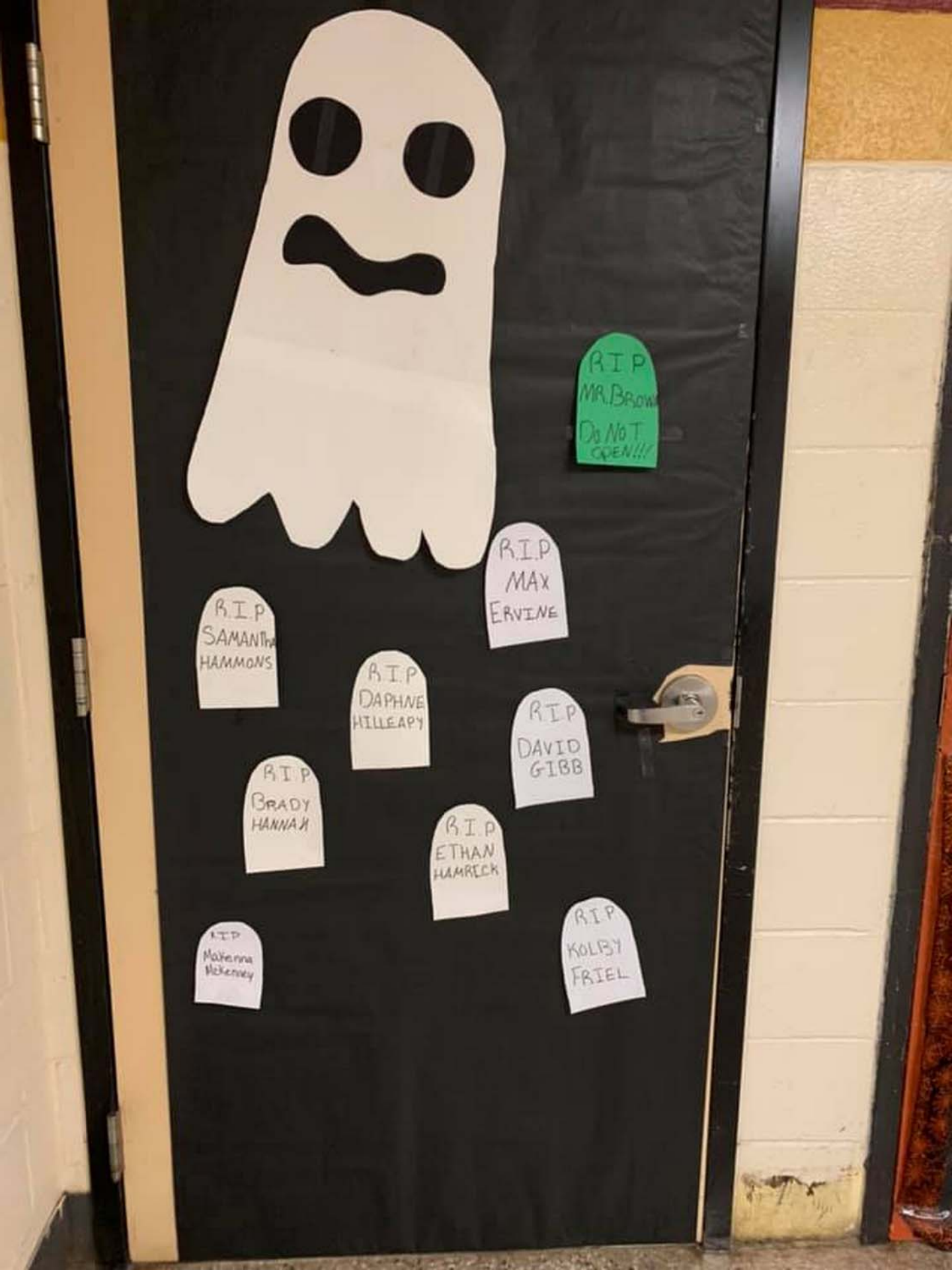
USA

TERRITOR
HOMETOWN

EXIT

U.S.A.
Coca-Cola

WELCOME
TO
Ms Mason's
'22
PRIDE
NUT
RACHEL
ALLYSON
HOUSE


RIP
MR. BROW
DO NOT
OPEN!!!
R.I.P
MAX
ERVINE
RIP
SAMANTHA
HAMMONS
R.I.P
DAPHNE
HILLEAPY
RIP
DAVID
GIBB
RIP
BRADY
HANNAH
R.I.P
ETHAN
HAMRICK
RIP
KOLBY
FRIEL
RIP
Makenna
McKenney

'87
DRAFTING
BRONZE
GAME
THINK PINK

BATTLE OF THE CLASSES
October
Sophomores
November
Freshman

Pocahontas County Girls Basketball will be selling Red Poinsettias. Cost of each Poinsetta will be $10.00. Please collect money as you sell. Checks made payable to PCHS- Girls Basketball. Orders and Money will be collected on Nov. 22, 2019 at practice. I will get a tenative number on Monda Nov. 18. Please try hard this week to sell as many as you can!! Anticipated delivery date for Poinsettas to be picked up a PCHS is Dec. 6. Thanks in advance for your hard work in selling!!

Name	Address	Phone Number	Quanity	Amount	Paid

WELCOME
TO OUR
PATCH

LIBRARY
LA BIBLIOTECA
MEDIA CENTER
WE'RE
POPPIN
INTO
FALL

POCAHONTAS COUNTY SCHOOLS
November Breakfast and Lunch Menu 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 **Whole grain bagel w/cream cheese** **Cereal** **fruit** Tomato Soup Grill Cheese Broccoli Fruit Cookie
4 **Sausage pancake** **Whole grain cereal** **Fruit** Chicken Sandwich Tomato/lettuce/onion Peas Applesauce cups Romaine w/vinaigrette	5 **Colby cheese omelet** **Whole grain cereal** **Fruit** Beef Burrito w/whole grain tortilla wrap Lettuce/tomato/salsa Broccoli Beans Mixed fruit	6 **Fresh fruit cup** **Yogurt** **Whole grain cereal** Lasagna Green beans Mixed Fruit Roll	7 **Breakfast sausage pizza** **Whole grain cereal** **Fruit** Hot Ham and cheese on whole grain bagel Sweet Potato Fries Corn Fruit	8 **Yogurt fruit parfait** **Whole grain cereal** Popcorn Chicken Carrots California Medley Fruit Cookie
11 Veteran's Day Holiday No School	12 **Egg and cheese wrap** **Whole grain cereal** **Fresh fruit** Cheeseburger Bake beans Fresh fruit Birthday Cake	13 **Blueberry muffin** **Whole grain cereal** **Fruit** Chicken Caesar Romaine Salad Sweet Potato Fries Carrots Sliced Apples with soy nut butter	14 **French Toast Stix** **Whole grain Cereal** **Fruit** Salisbury Steak Green beans Mash Potatoes Roll Fruit	15 **Homemade Cinnamon Rolls** **Whole grain Cereal** **Fruit** Chicken Nuggets Parmesan Broccoli French fries Fruit
18 **Egg and cheese Biscuit** **Whole grain cereal** **Fruit** Meatball Hoagie California Blend Tator tots Fruit	19 **Yogurt w/ granola** **Whole grain cereal** **fruit** Chicken Chimichanga Carrots Sweet Potato fries Mixed fruit	20 **Egg cheese ham wrap** **Whole grain cereal** **Fruit** Chili Bake potato Parmesan Broccoli Applesauce cup Cornbread Crackers	21 **Banana Bread** **Whole grain cereal** **Fruit** Turkey Mashed potatoes w/gravy Green beans Roll Cooks' choice dessert	22 Cooks' Choice Breakfast and Lunch!
25 Thanksgiving Break No School	26 Thanksgiving Break No School	27 Thanksgiving Break No School	28 Thanksgiving Day Holiday No School	29 Thanksgiving Break No School

HIDTA

IN LOVING
MEMORY
OF
IRON MAIDEN
PRIDE

Good afternoon! PCHS will be holding three week open practices beginning on July 6th and ending on July 24th. Please read all information closely. Information can also be found on the PCHS Warrior Facebook Page.

Athletes are not required to have a physical for the three week practice session, however if they are planning to participate in Fall Programs (Football, B/G Soccer, Golf, Band, or Cheer) they must have a current physical dated on or after May 1st. Physicals are due for fall sports on August 3rd (this will be the first day of practice for the 2020-2021 school year). Beginning on August 3rd students will not be permitted to practice without a current physical on file.

If you feel ill or are running a temperature you are not permitted to attend practice. You will need to contact the coach to receive further instructions for attendance. During practice sessions, if you begin to feel ill or begin running a temperature you will be required to leave immediately or call for someone to pick you up. Again, you will need to contact the coach about attending the next practice.

For the entirety of the Three Week Practice sessions (July 6th-July 24th) there will be no transportation provided. Three week practices are optional for all students, not mandatory. These practice sessions are not open to parents or public. If someone is transporting you to and from practice sessions, we ask that they remain inside the vehicle during the practice session, this is to maintain the health and safety of all involved.

Masks are highly recommended and encouraged for all practice sessions. Sharing of masks or other apparel is not permitted between students or coaches. All students need to bring their own water bottles to these practices, as well as proper attire for outside practice sessions.

Multi-sport athletes are only permitted to attend one program practice session during the entirety of the three week practice. Example: If you participate in football and basketball, you must choose one practice session and are not permitted to attend the other programs practice, even if the sessions are held at different times.

All athletes will be receiving a participation waiver on the first day of attendance for the three week practice. This participation waiver must be signed by his/her parent and returned the next day that practice is held. Practice will not be permitted if this waiver is not returned on the next scheduled practice day. Athletes will also be receiving all guidelines from the West Virginia Secondary Schools Activities Commission (WVSSAC), as well as other important information related to COVID-19.

Practice Schedules are as follows:

Football, M thru Thursday 6:00 pm to 8:00 pm

Girls Basketball, M thru Wednesday, 4:00 pm to 6:00 pm

Thursday and Friday, 6:00 pm to 8:00 pm

Boys Basketball, No practice on Monday

Tuesday, 6:00 pm to 8:00 pm

Wednesday and Thursday, 4:00 pm to 6:00 pm

The following sports will not be holding three week practice sessions:

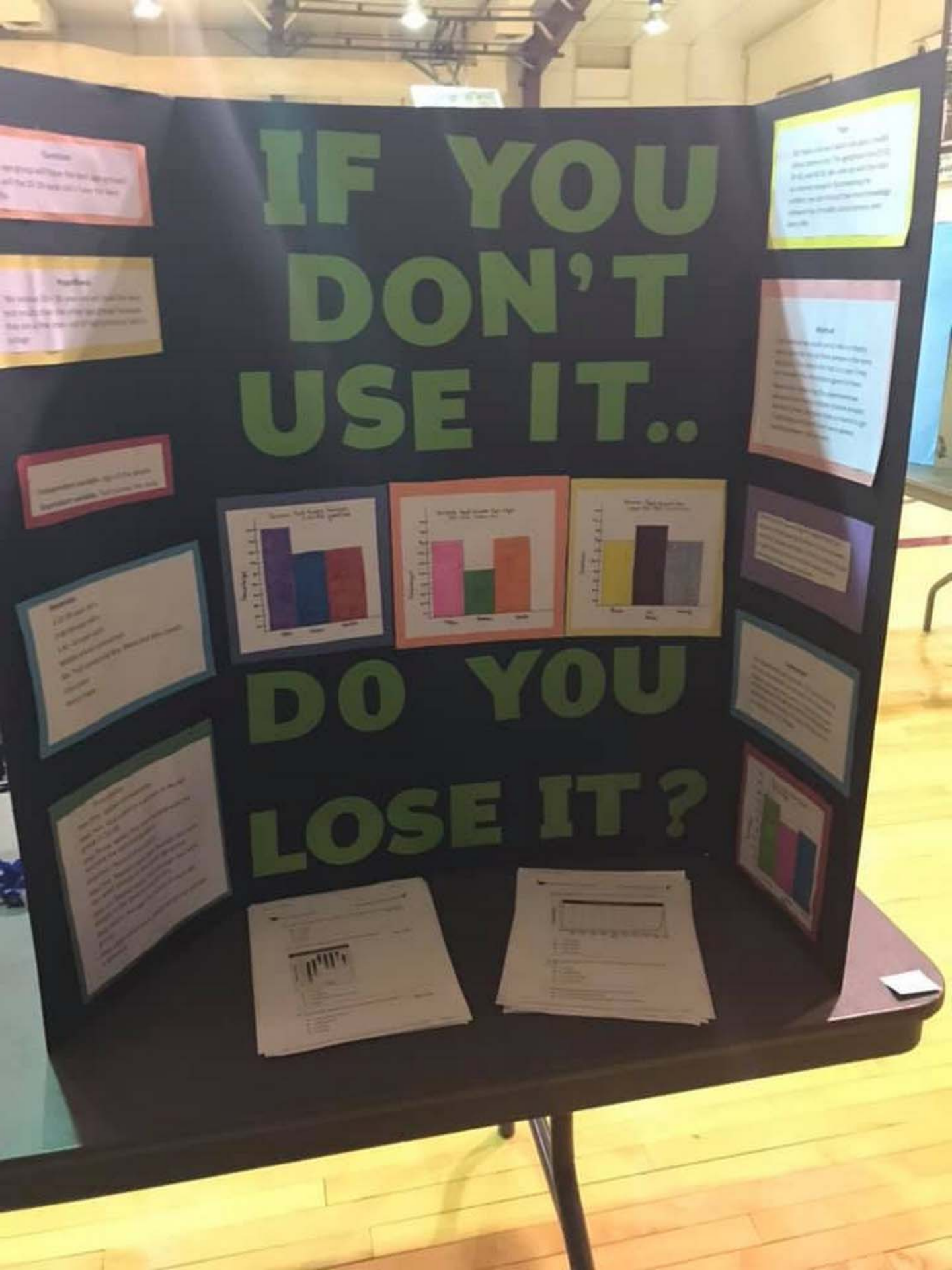
Boys and Girls Soccer, Golf, Cheer, Baseball, Softball, Boys/Girls Track, or Band

Band will be holding Band Camp the last week of July, information will be provided at a later time. All band participants are reminded that beginning this school year 2020-2021 you will be required to obtain a physical. Mr. Mann will be providing information about this at a later time as well.

All schedules are subject to change at any time. Please stay in contact with the coaches for updated information.

OVER 65
CAREER
FIELDS

It's fall, y'all!
Mason
Izabella
Mrs. Mann
Nacota
Becca
Hobben
Katlyn
Haley
Sara
Leo


IF YOU
DON'T
USE IT..
DO YOU
LOSE IT?

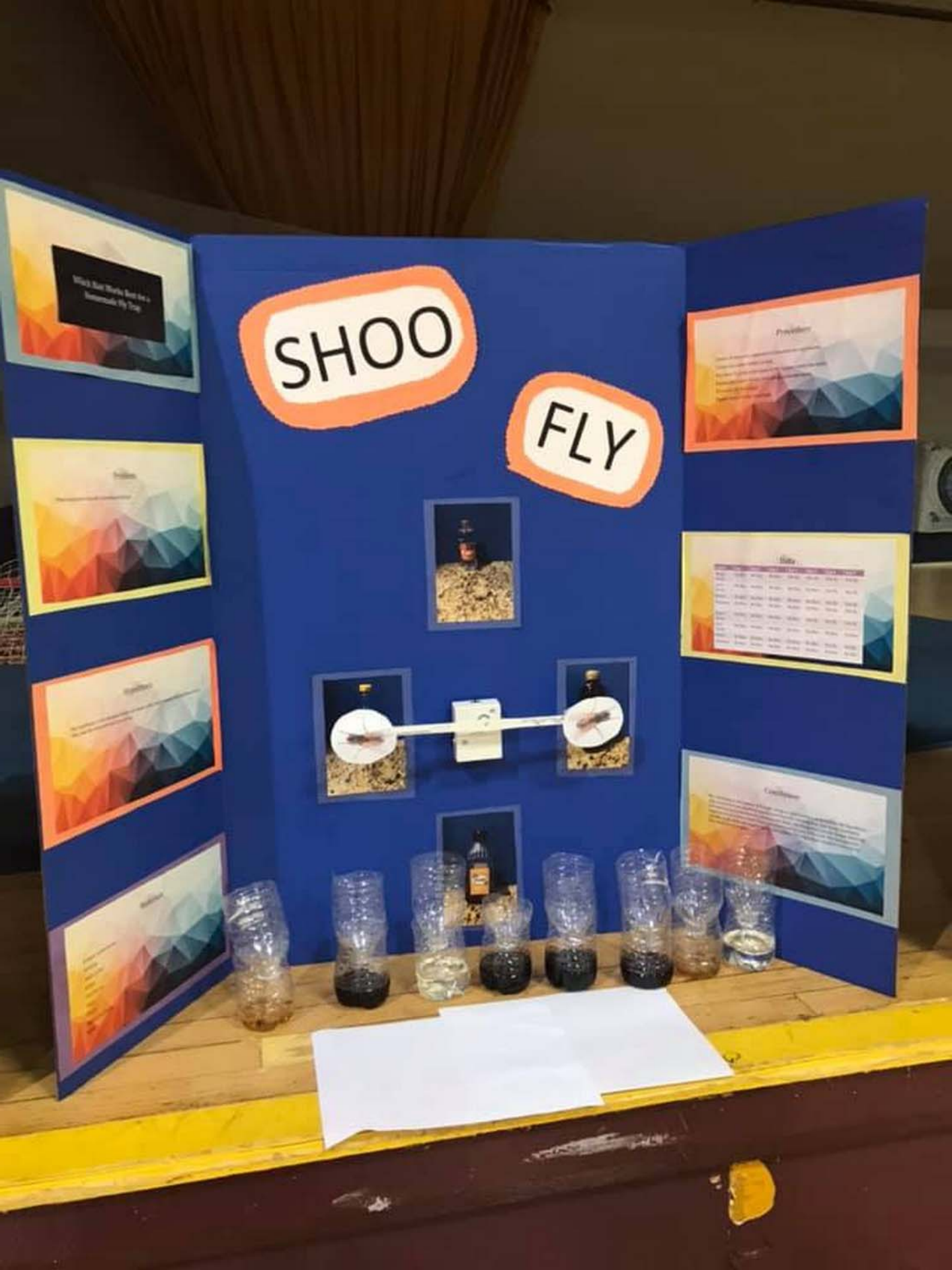
THANK YOU
VETERANS

POCAHONTAS
POCAHONTAS
12
LADY

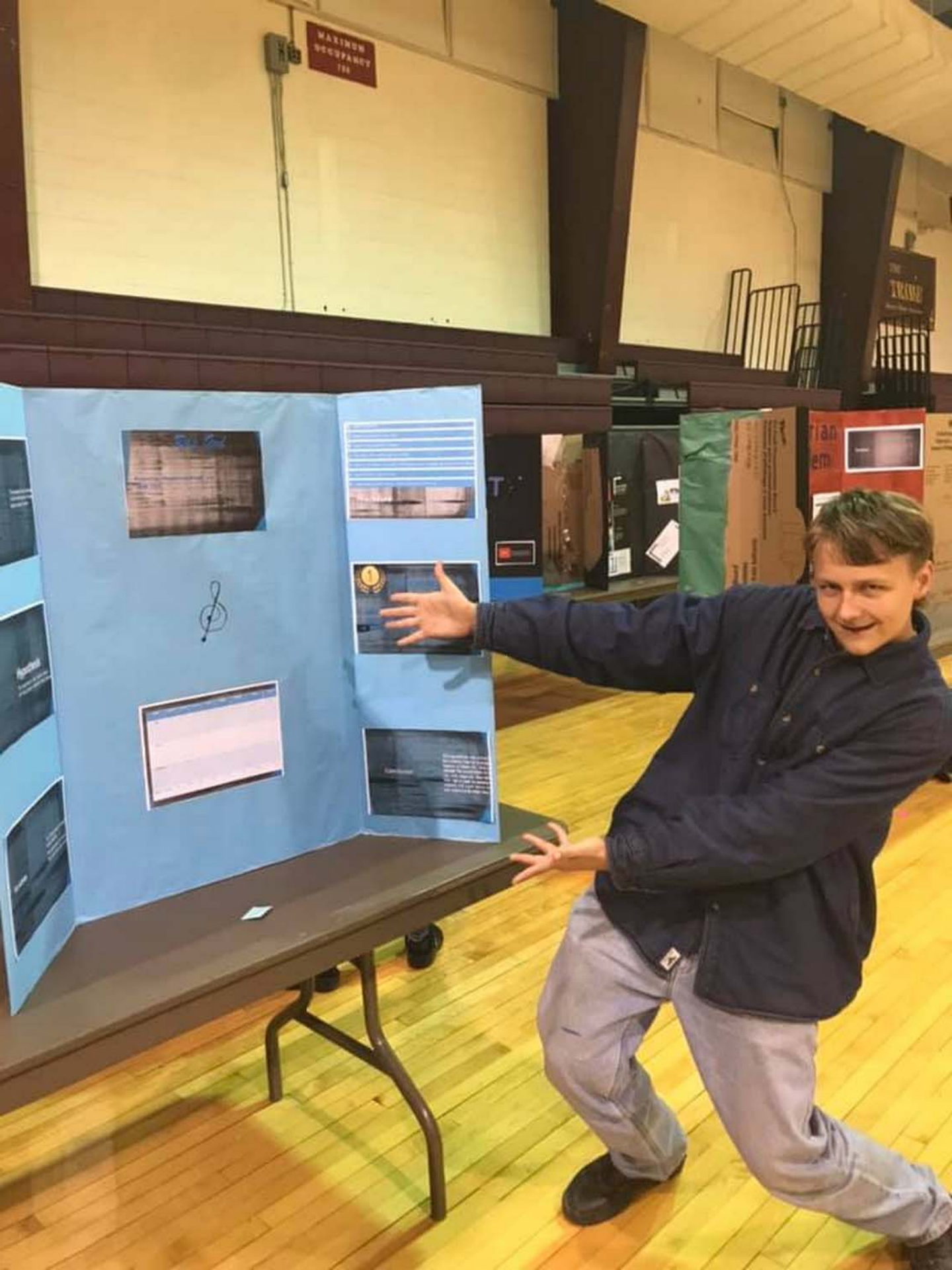
What's brewing in Ms. Curran's class?

Class of 2020

WARRIORS


SHOO
FLY

21
C



WARRIORS
6

On Target

Research

Conclusion

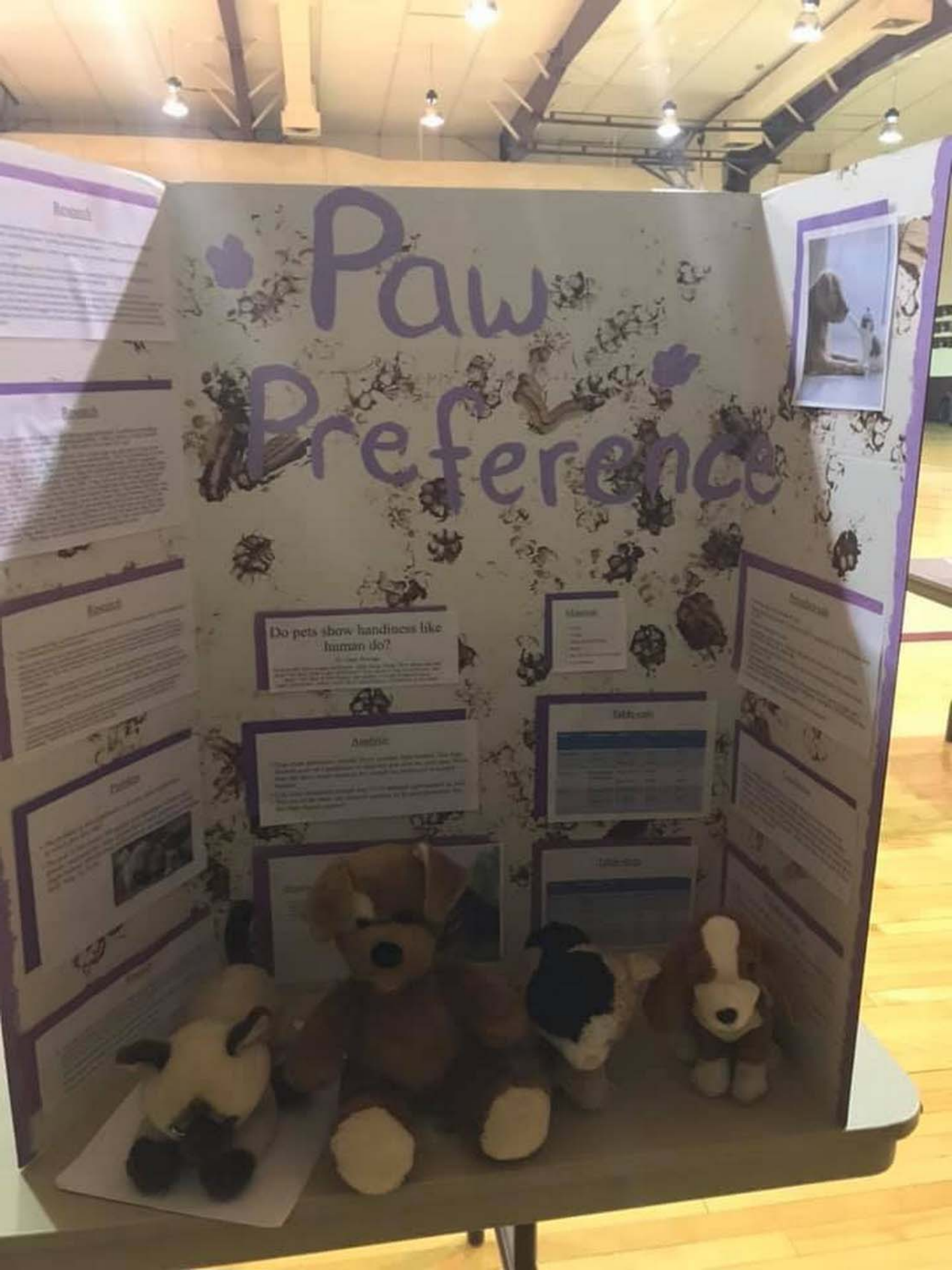
Procedure

References

FIND
THE KEY
TO
YOUR
FREEDOM
FIND
RIP

EXIT

HOMETOWN


Paw Preference
Do pets show handiness like human do?
Analysis

WARRIORS
PC
20

HELLO
my name is
POLKA-HAUNT-US

HALLOWEEN FROM

WARRIOR TERRITOR
PCHS

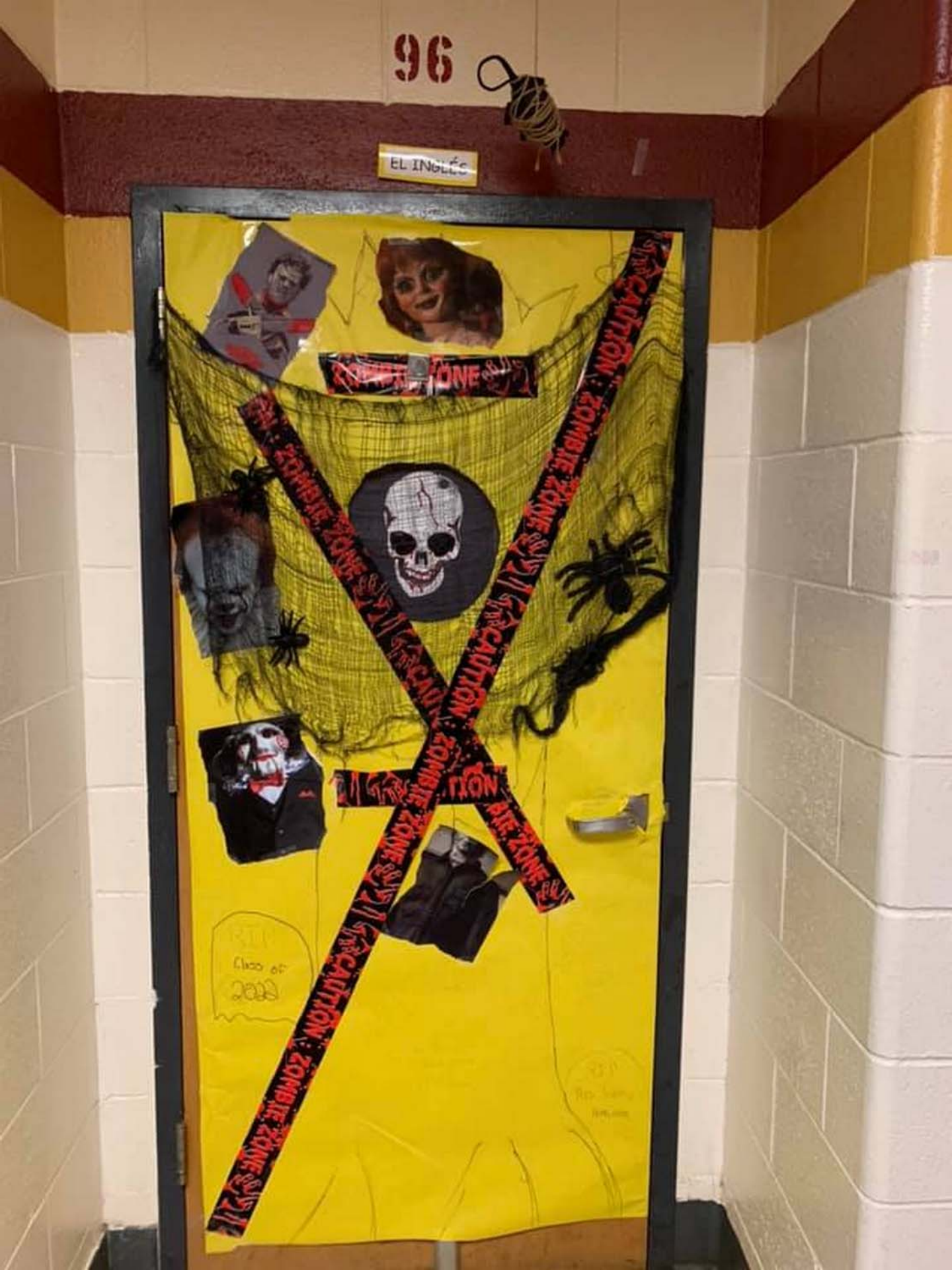
USA

RUNNING ON
LEVI
STRAUSS

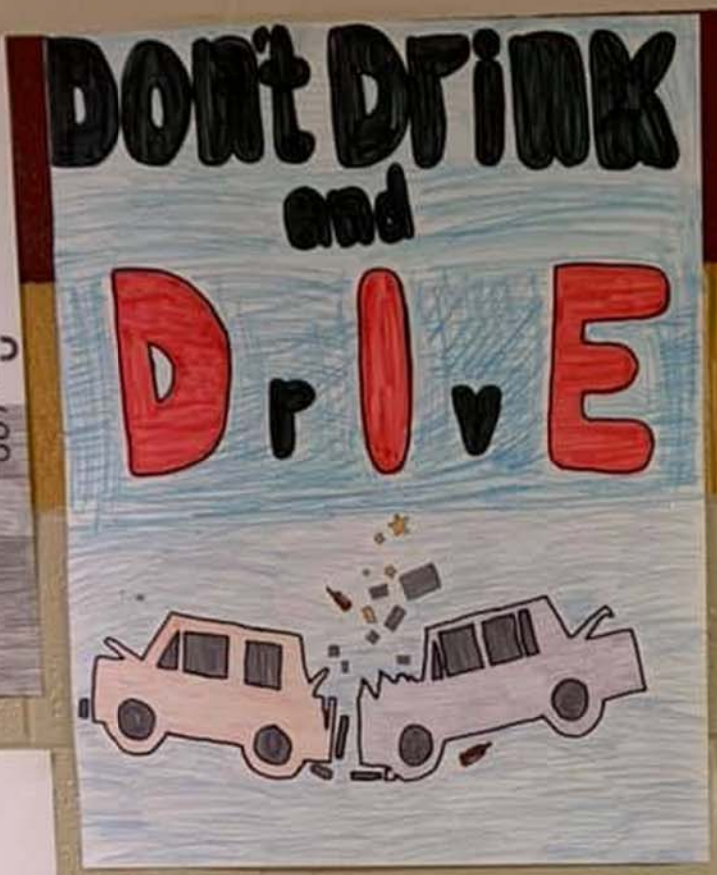
WARRIORS
83
POCAHONTAS COUNTY
Warriors
WARRIOR

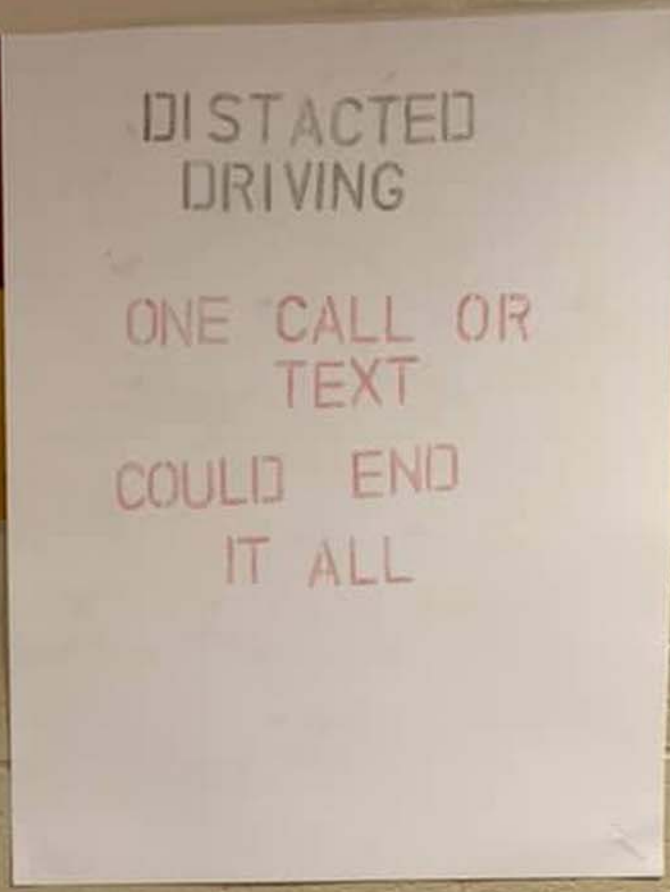
DODGERS

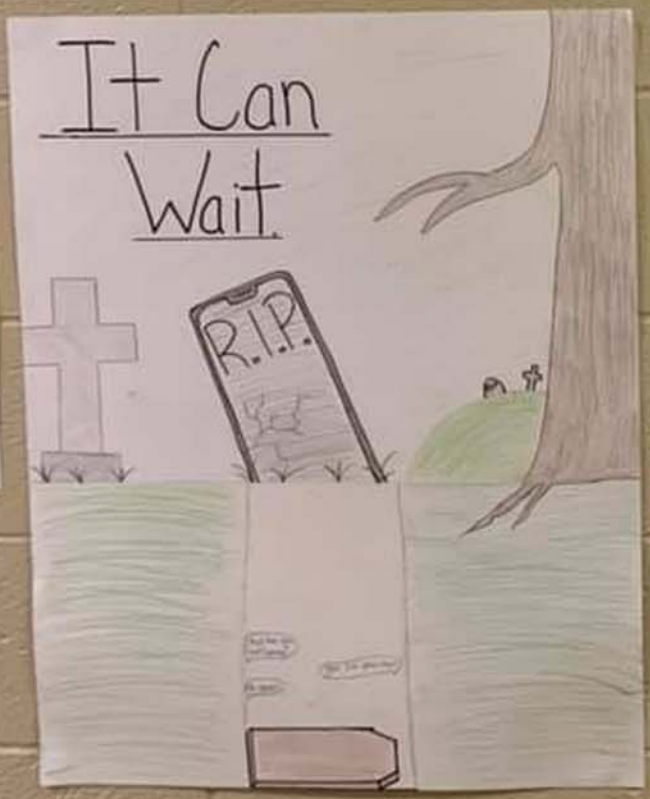
26535 89793 23846 26433 83279 50288 41971 69399 37510 58209 74944
ESTER
called.

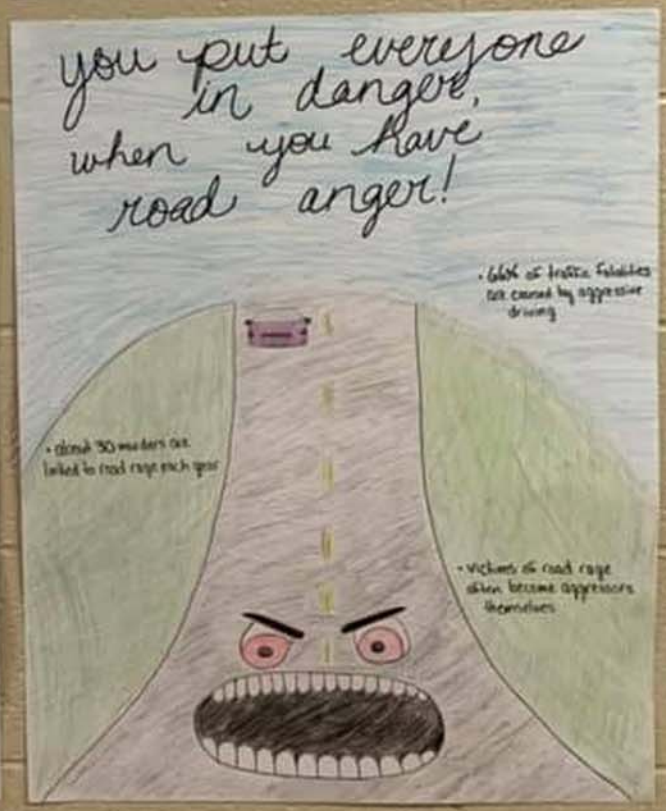

96
EL INGLÉS
CAUTION: ZOMBIE ZONE
RIP
Class of
2020

LEVI'S


Don't Drink
and
Drive


DISTACTED
DRIVING
ONE CALL OR
TEXT
COULD END
IT ALL

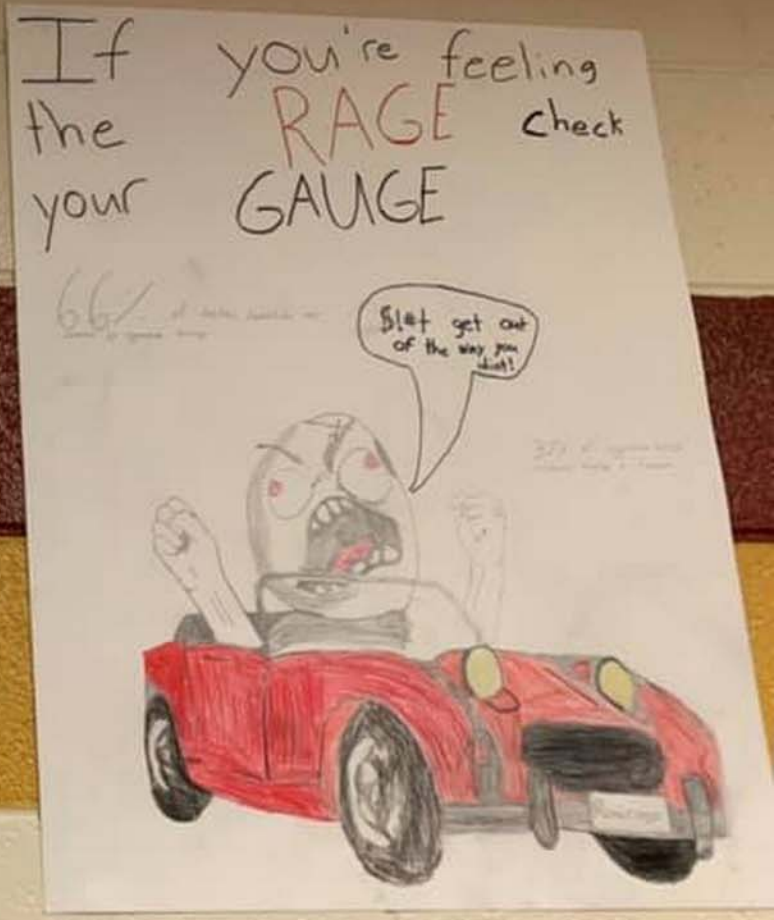

It Can
Wait
R.I.P.


you put everyone
in danger,
when you have
road anger!

FAIRFIELD INN & SUITES
HOME
0
40.00
GUEST
0

No Me gusta

DRUNK
DRIVING
BUD LIGHT
Alcohol & A
Wheel gon'
get ya
Killed
Over 65% of all fatal single car crashes
are alcohol related.


If you're feeling
the RAGE check
your GAUGE
Get out of the way you idiot!

POCAHONTAS COUNTY

Senior Basketball(B) Schedule

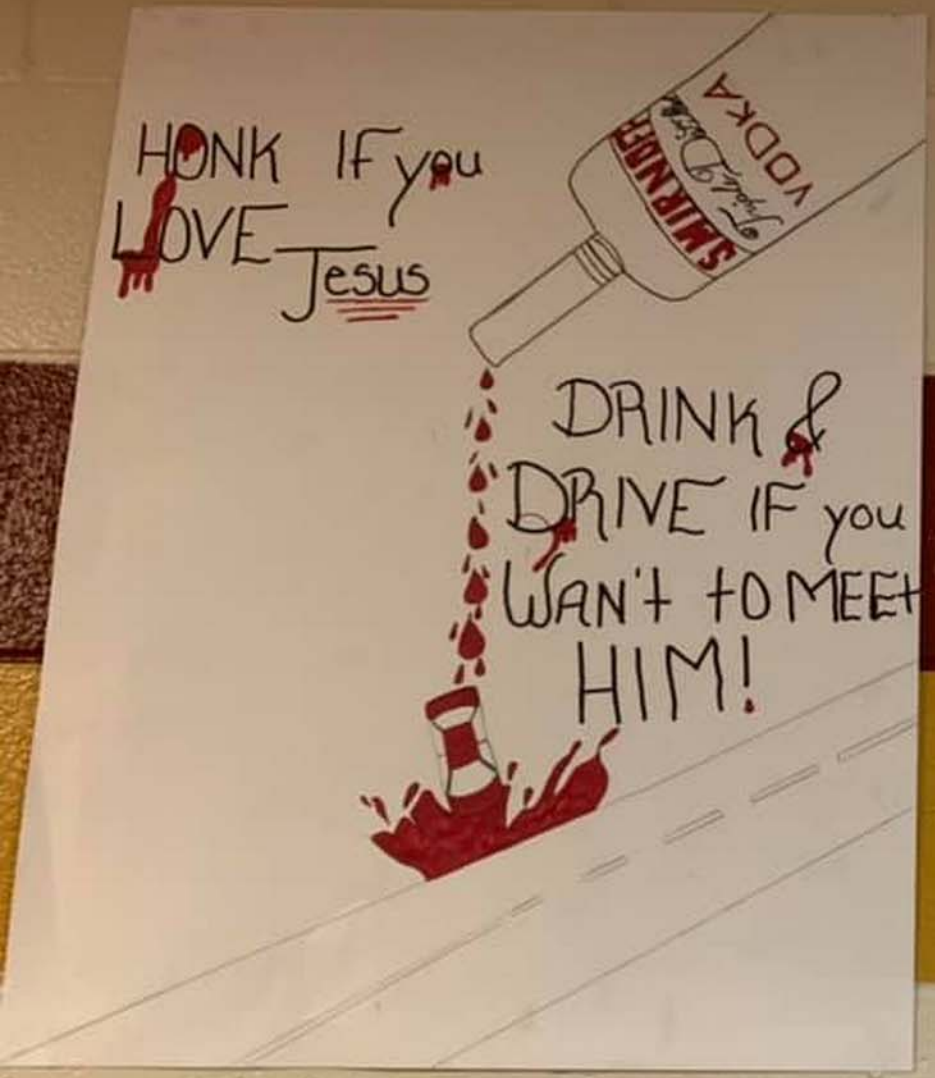
Events

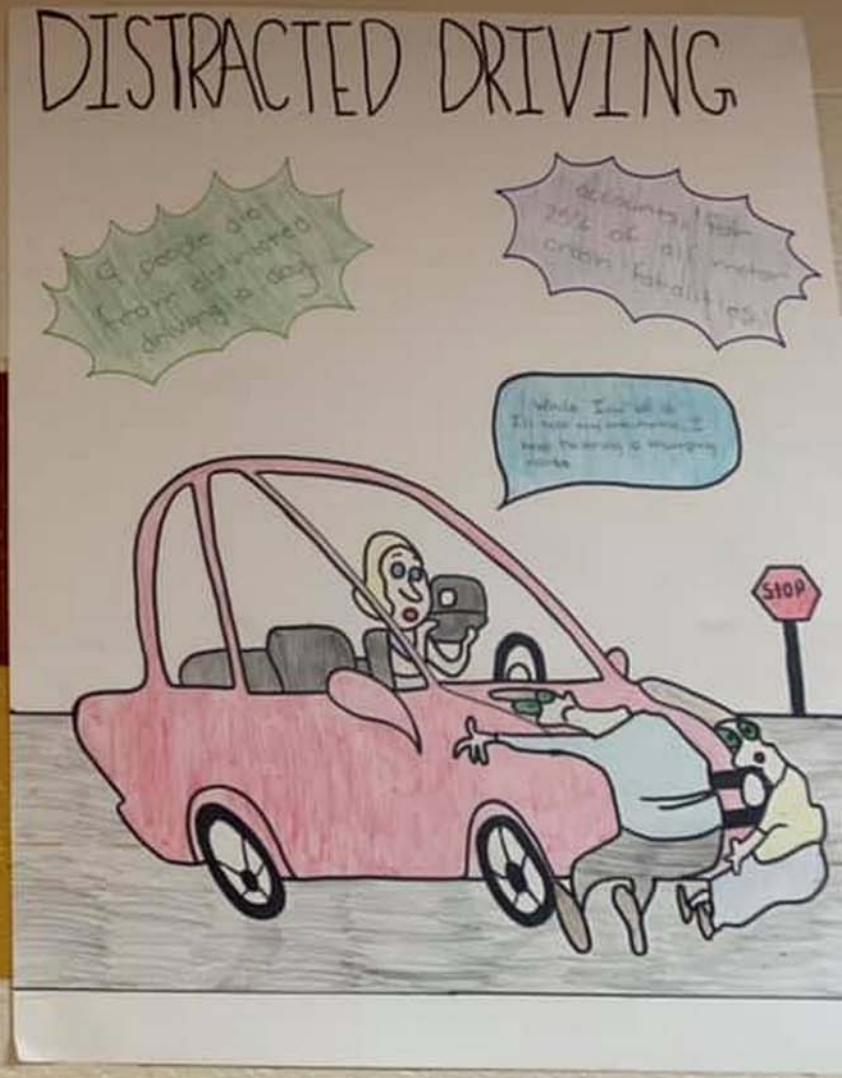
1	12/11/19	JV 5:45 V 7:00PM	H -	MOOREFIELD
2	12/13/19	JV 5:45 V 7:00PM	H -	MIDLAND TRAIL HIGH SCHO
3	12/16/19	JV 5:45 V 7:00PM	H -	GREENBRIER WEST
4	12/20/19	JV 5:45 V 7:00PM	A -	TUCKER COUNTY
5	01/02/20	TBAPM	A -	NEW RIVER COMM. AND TEC
6	01/07/20	JV 5:45 V 7:00PM	A -	RICHWOOD
7	01/10/20	JV 5:45 V 7:00PM	A -	GREENBRIER WEST
8	01/14/20	JV 5:45 V 7:00PM	H -	MEADOW BRIDGE HIGH
9	01/17/20	JV 6:00 V 7:00PM	A -	HARMAN
10	01/22/20	JV 5:45 V 7:00PM	H -	TYGARTS VALLEY MIDDLE/S
11	01/24/20	JV 5:45 V 7:00PM	A -	MIDLAND TRAIL HIGH SCHO
12	01/27/20	JV 6:15, V 7:30PM	H -	PENDLETON COUNTY
13	01/29/20	JV 6:00 V 7:00PM	A -	MOOREFIELD
14	01/31/20	JV 5:45 V 7:00PM	H -	RIVERSIDE
15	02/04/20	JV 5:45 V 7:00PM	H -	ELKINS
16	02/06/20	JV 5:45 V 7:00PM	A -	MEADOW BRIDGE HIGH
17	02/08/20	JV 2:00 V 4:00PM	A -	RIVERSIDE
18	02/12/20	JV 5:45 V 7:00PM	H -	TUCKER COUNTY
19	02/18/20	JV 5:45 V 7:00PM	H -	RICHWOOD
20	02/20/20	JV 6:15, V 7:30PM	A -	PENDLETON COUNTY
21	02/21/20	JV 5:45 V 7:00 Senior NightPM	H -	JAMES MONROE
22	02/26/20	JV 5:45 V 7:00PM	A -	TYGARTS VALLEY MIDDLE/S

wins: 0 lost: 0 ties: 0

Close

No Horseplay
In Lab!
FLINN


HONK IF you
LOVE Jesus
SMIRNOFF
VODKA
DRINK &
DRIVE IF you
WAN't to MEET
HIM!


DISTRACTED DRIVING
Stop

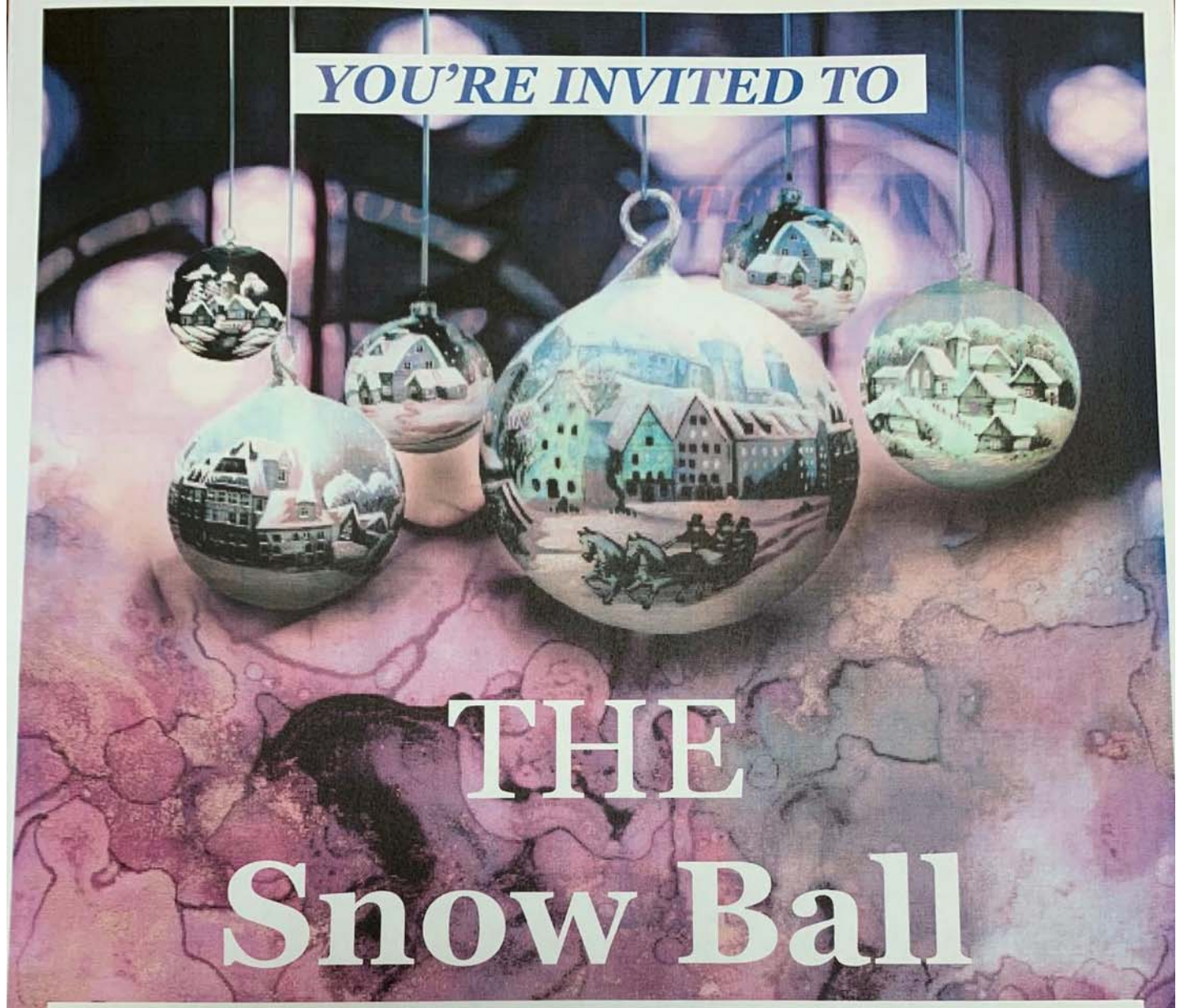
THE
COMEDY
BARN
THEATER
PIGEON FORGE, TN

C

THE
TRIBE

DONT
MAKE
A
FUSS

STOP
FOR
THE
BUS



YOU'RE INVITED TO

THE Snow Ball

This is a formal dance for all students grades 9th – 12th

Tickets will be available for purchase during lunch starting NOVEMBER 4th

Ticket Prices: $10 per person

Saturday December 14th

7-10pm at Opera House

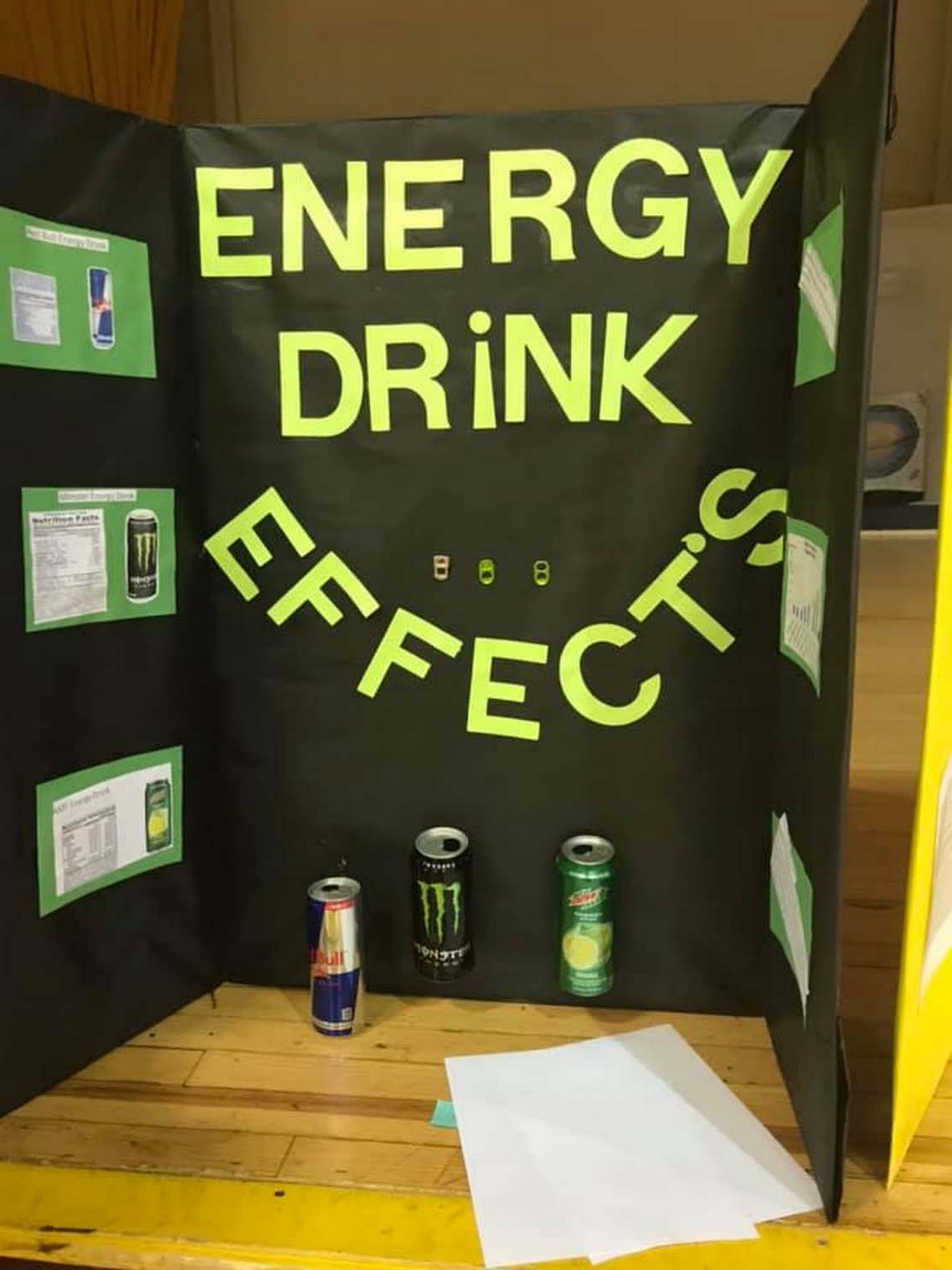
Pickett Fence will take pictures

HOME OF THE WARRIORS
N
S

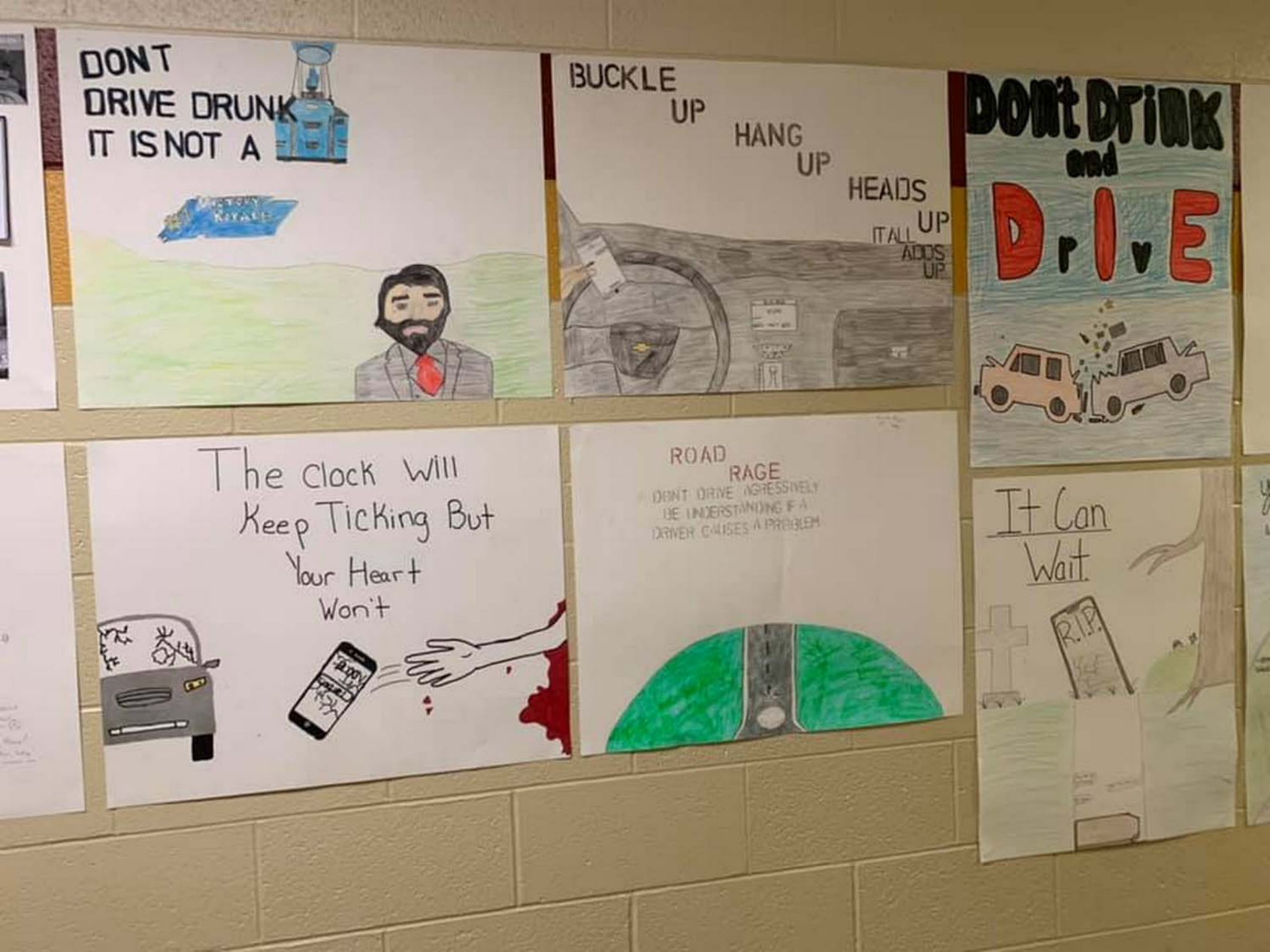
ERRITOR

3

POCAHONTAS
3


ENERGY
DRiNK
EFFECTS

100s
200s
300s
Webster
THE NEW WORLD ALMANAC
THE PEOPLE'S ALMANAC
OXFORD

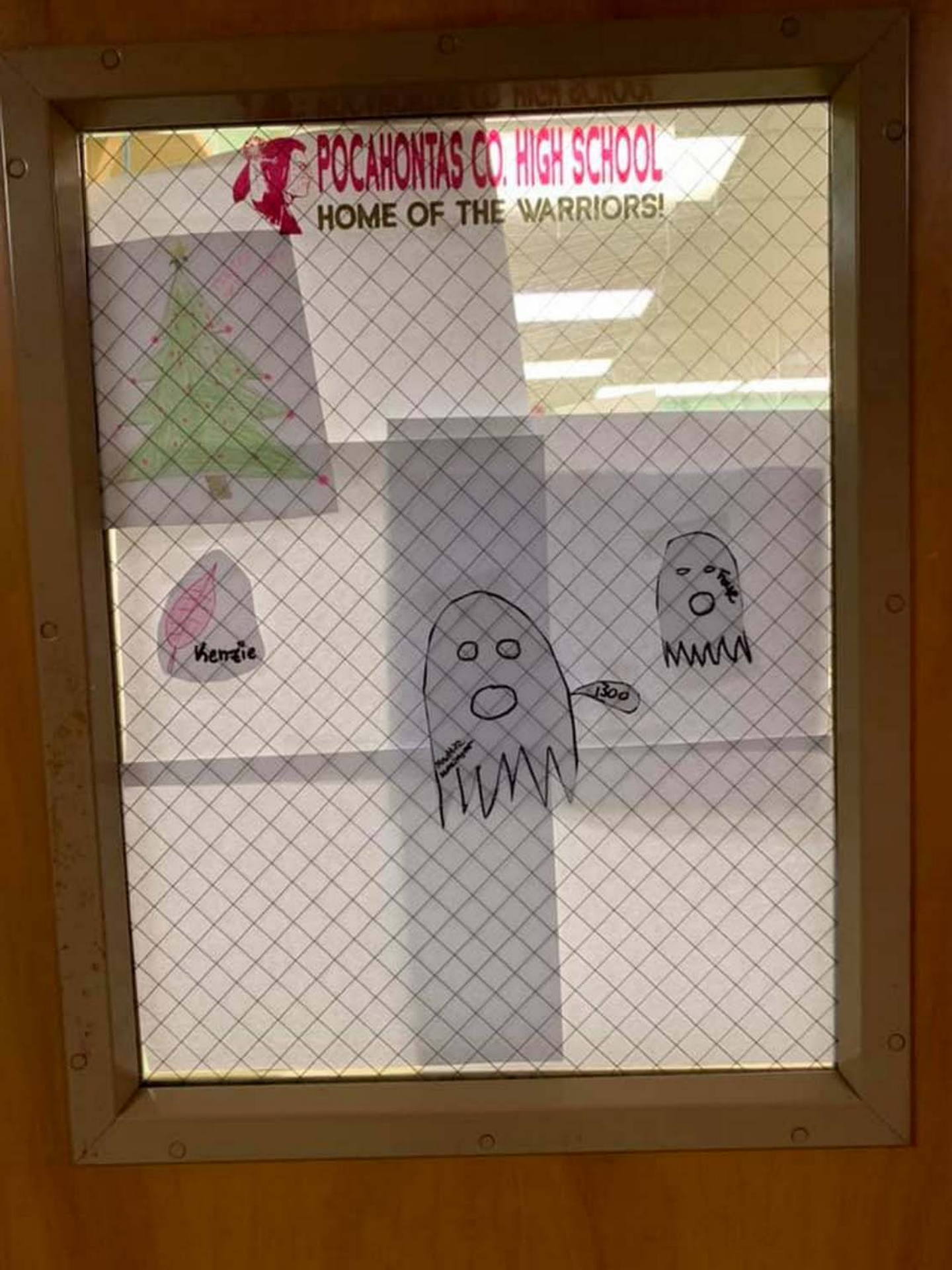

DONT
DRIVE DRUNK
IT IS NOT A
BUCKLE
UP
HANG
UP
HEADS
UP
IT ALL
ADDS
UP
Don't Drink
and
Drive
The clock Will
Keep Ticking But
Your Heart
Won't
ROAD
RAGE
DONT DRIVE AGRESSIVELY
BE UNDERSTANDING IF A
DRIVER CAUSES A PROBLEM
It Can
Wait
R.I.P.

POCAHONTAS
5

HELLO
my name is
POLKA-HAUNT-US

You Wear
Your
Goggles?
ays
Protect
Your Eyes!
SCIENTIFIC METHOD
FIRE
BLANKET

EXIT
no fun
a
d scare!


POCAHONTAS CO. HIGH SCHOOL
HOME OF THE WARRIORS!
Kenzie
Boo

WARRIORS
40

TRICK OR TREAT
SMELL OUR FEET!

Mon, Nov 11

- No School – Veterans Day
- Boys Basketball (Flex Days)
  Monday, Nov 11 through Friday, Nov 15
- Practice Begins for Girls Basketball

Tue, Nov 12

- Senior & Junior Trip to tour Potomac State College 8:15 AM – 5:30 PM
- Landmark Forestry -working with the Forest Harvesting class on how to use handhelds
  12:30 PM – 3:00 PM
- BOE Meeting @ Marlinton Middle School LSIC
  2:30 PM – 3:00 PM Regular meeting to follow

Wed, Nov 13

- 3 hour early out for CE
  Busses leave PCHS @ 12:17

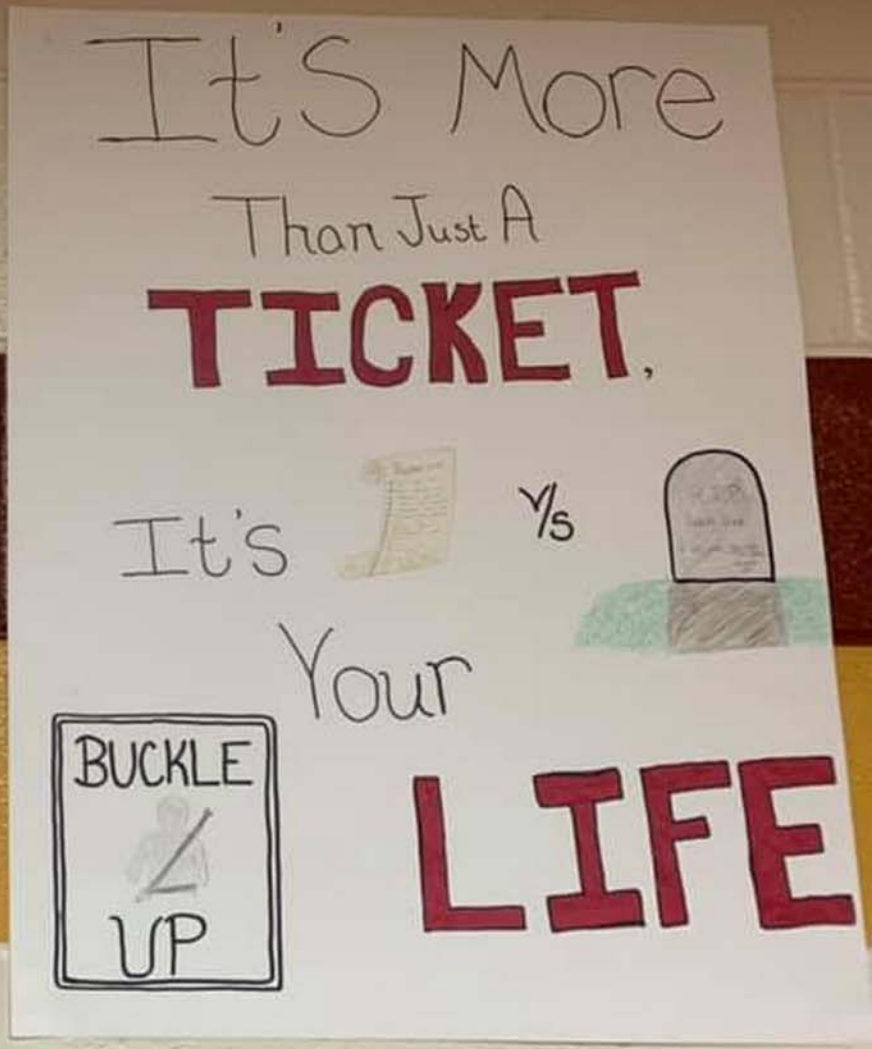
Thu, Nov 14

- School Science Fair
  8:00 AM – 3:30 PM

Fri, Nov 15

- Dabney Lancaster College -Scott Reigel meeting with Forestry Classes
  8:00 AM – 8:30 AM

1
LEAVE IT UNREAD
OR END UP DEAD


It'S More
Than Just A
TICKET,
It's
Y/S
Your
BUCKLE
UP
LIFE

FOR US, IT'S A
GAME
BATTLE
PINK OUT
LADY WARRIORS

WARRIORS
11
40

WARRIORS
WARRIORS
FOOTBALL

POCAHONTAS
11
#80

Prayer Locker
Write your prayer request on the paper provided and put it through this locker slot.
We will be happy to pray for you. You do not have to give your name and all prayer requests will remain confidential.
Sponsored by FCA: PCHS HUDDLE

Norwex vs Lysol

Purpose

•To discover the most consistently effective cleaner, and which cleaner removes the most protein.

Question

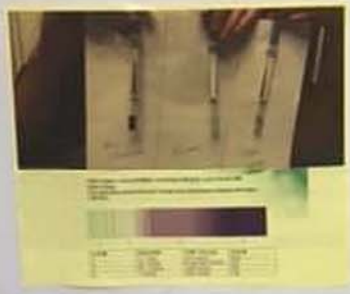
•Which cleaner removes the most protein, which is the food source of bacteria and germs, from a plate?

Hypothesis

•Out of the two cleaners, Lysol Disinfecting Wipes and the Norwex EnviroCloth, the Norwex EnviroCloth should remove the most protein from a plate.

Variables

•Norwex EnviroCloth
•Lysol Disinfective Wipes



Materials

Procedure

Results

Conclusion

HONORABLE
NOBLE
COURAGOUS
BRAVE KINGLY
POWERFUL
CHIVALRY

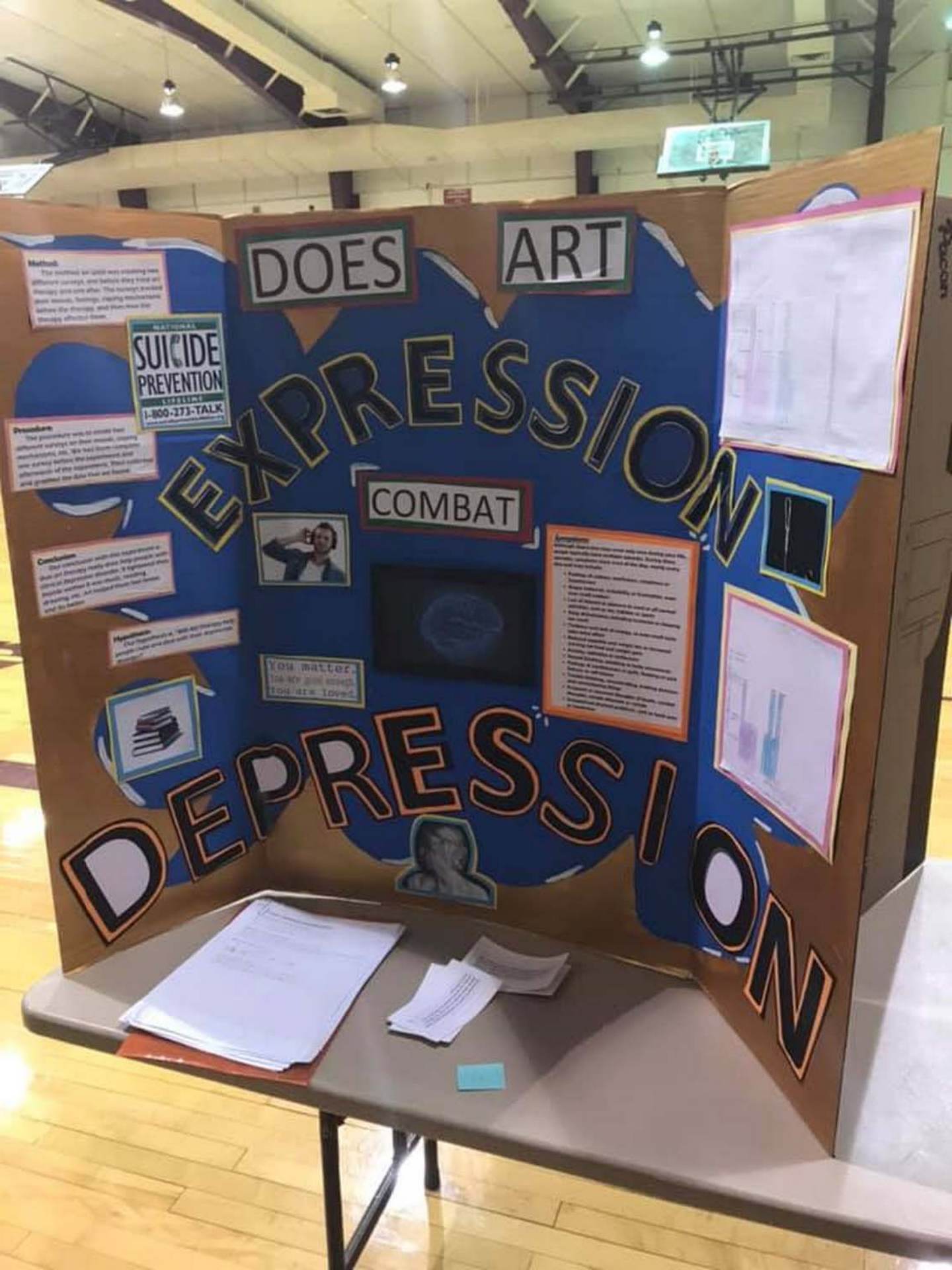
NO ELECTRONIC DEVICE
USE IN THIS CLASSROOM

WARR
PC
PC
30

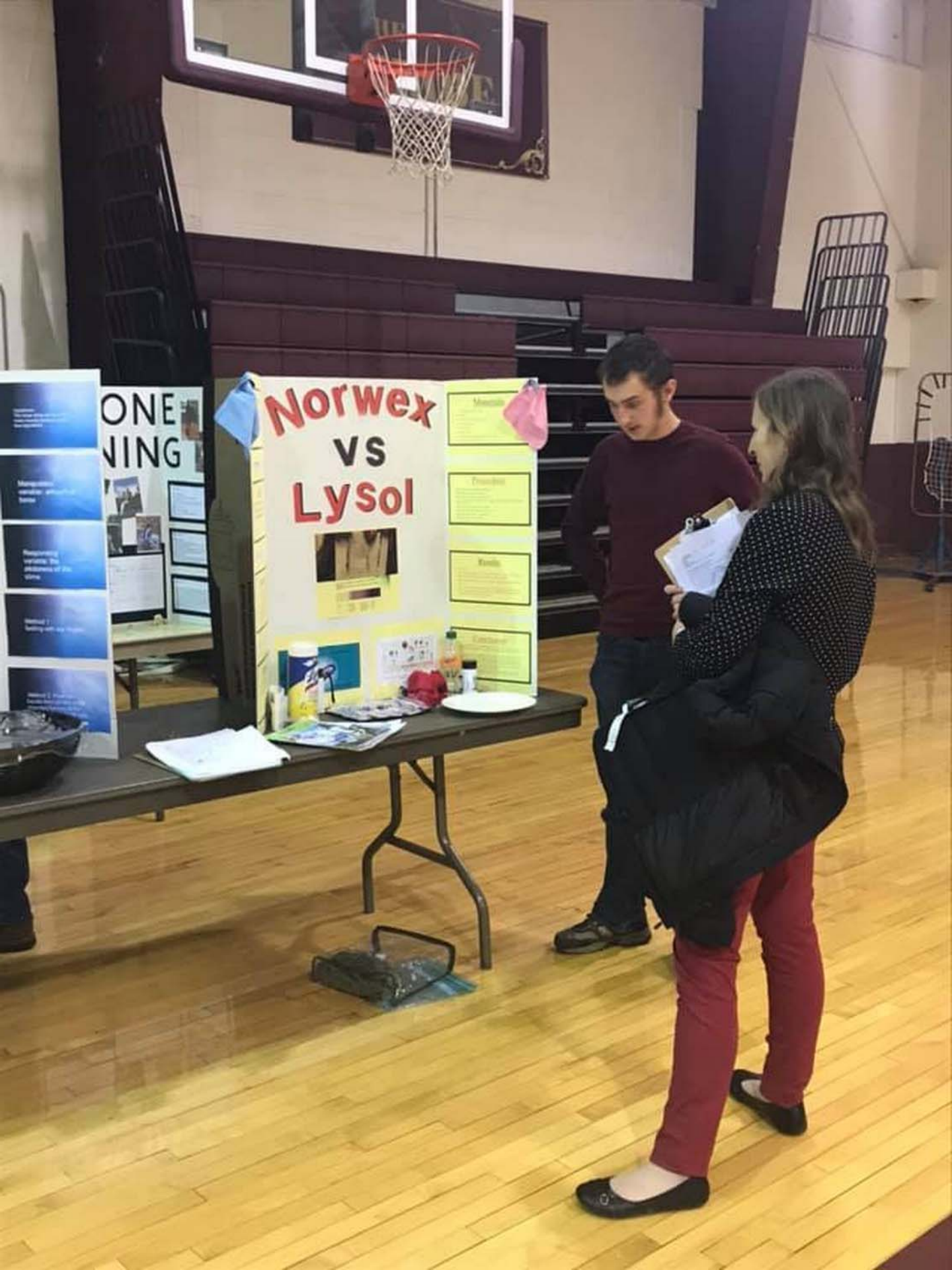
LAS CIENCIAS

PCHS

HOLLISTER
Silly Boys!
TRUCKS
80


DOES
ART
EXPRESSION
COMBAT
DEPRESSION
SUICIDE
PREVENTION
1-800-273-TALK
You matter
to someone
you are loved

Skills USA
Electricity
STATE & National Medal Winners
STATE Medals
94
96 Gold
94
AMERICAN EAGLE
WHY DON'T


Norwex
VS
LySol

WARRIORS
83

LEAVES
ARE
FALLING
AUTUMN'S
CALLING

Pink out

Friday

Oct 25, 2019

Wear your pink to support Breast Cancer Awareness and help your class win the 1st battle of the classes.

DO NOT Enter

TERRITOR
HOMETOWN
WEST VIRGINIA

EXIT

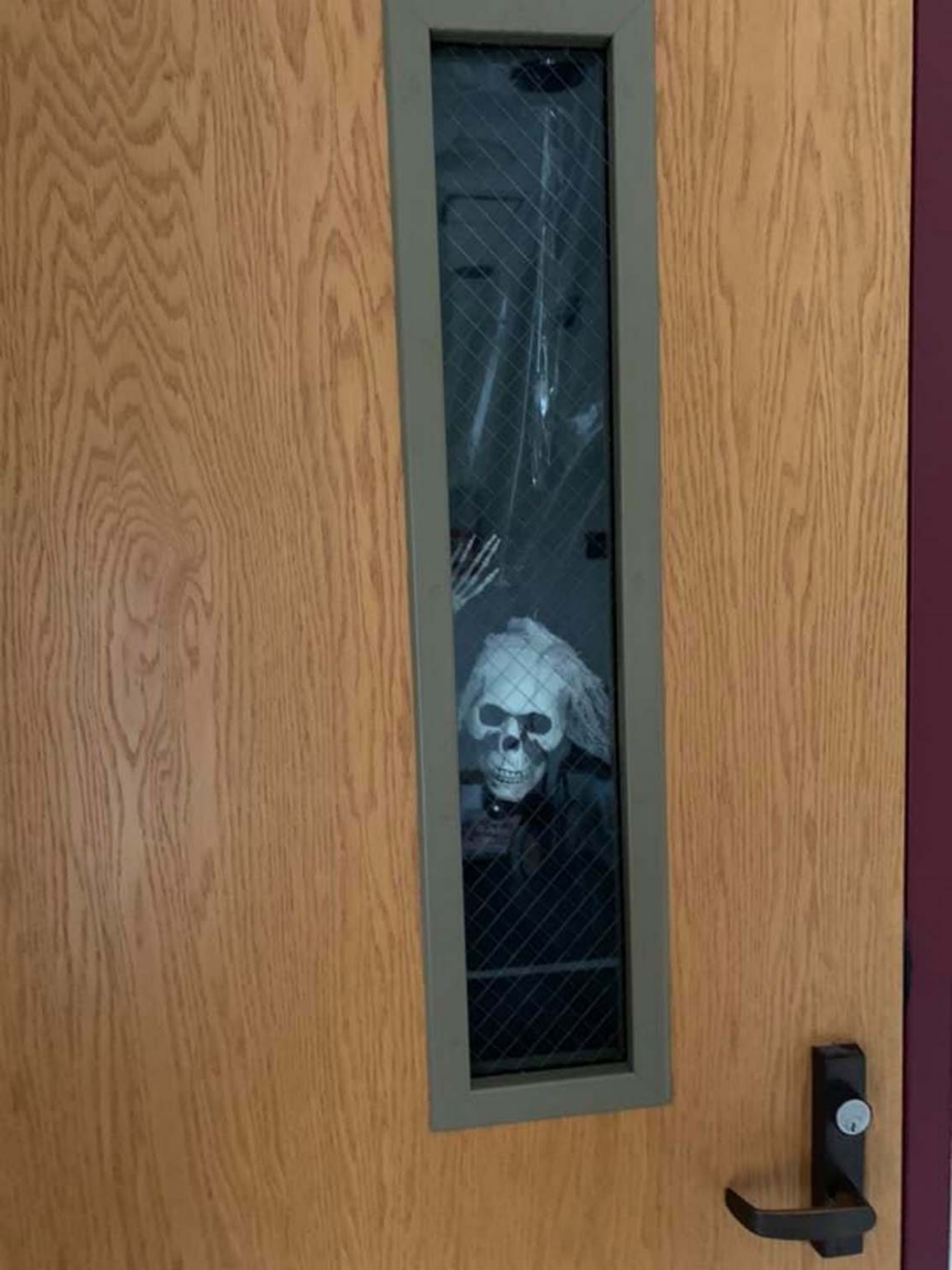
POCAHONTAS

OCTOBER

MOUNTAIN
STRONG

Nothing's
Korney
about these
SENIORS
Kaitlin
Brooke
Kaitlin
Hailey
Emily
Ginger
Dillon
Jarrell
Kira
Matthew
Colleen
Jason
Barry

BATTLE OF THE CLASSES

October

Waka Waka (Esto Es Africa)